



Wheatgrass Bio 125 g Doypack Superfoods Drasanvi

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Description

Wheatgrass is obtained from young shoots of wheat when the plant has the highest concentration of vitamins, minerals and chlorophyll. Wheatgrass is characterized by its **high concentration of proteins and is rich in vitamins and minerals**. The entire process of making this powder, from growing the plant, its extraction and up until its packaging, is carried out under environmentally friendly conditions.

Ingredients

Organic Wheatgrass powder (*Triticum aestivum*)

Directions

Add a dessert spoon to your smoothies and shakes, juices, vegetable drinks, green sauces, vegetable cream or any recipe. Add it once the dish is tempered. 1 dessert spoon = around 2 grams

Presentation

Contains 125 g (4.4 oz)

Warnings

Store in a cool, dry place.

Allergen free.

Additional Information

Organic certification

We meet the highest quality standards during the collection and processing of the wheatgrass we use, which has led it to become a certified organic product.

Rich in fibre

Wheatgrass is very rich in fibre: it contains exactly a 42% of fibre.

Rich in proteins

All structures in the body, including skin, bones, muscles, organs are made up of proteins. An adequate supply of protein helps maintain muscle mass.

Rich in chlorophyll

Chlorophyll is a substance synthesised only by plants and algae. It is responsible for transporting substances in all plants and also produces their green colour. In order to obtain the maximum amount of chlorophyll, wheatgrass is collected in its first 15 days.

Nutrition Facts

Per 100 g

Ingredients	Quantity/100 g
Energetic Value	1115 kJ /266 kcal
Fats	1,3 g
of which are saturated	0,2 g
Carbohydrates	30 g
of which are sugars	18,69 g
Fibre	28 g
Proteins	19,56 g
Salt	0,08 g

Ingredients	%NRV	Quantity/ 10 g
Vitamin A	32,5 %	260,3 µg
Vitamin C	29,3 %	23,5 mg
Potassium	6,85 %	137,0 mg
Calcium	8,61 %	68,9 mg
Iron	10,9 %	1,53 mg

% NRV (Nutrient Reference Value)

Allergen Information

Allergen-free

Certifications

