



Broccoli Bio 150 g Doypack Superfoods Drasanvi

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Description

Drasanvi's Broccoli Powder is prepared from freshly-harvested certified organic plants. Stems and flower buds are washed, dried and powdered, yielding a high quality fine powder. Drasanvi's Broccoli Superfood is high in fiber (27.64 g of fiber per 100g of product). It is a rich source of protein, specifically 43% of its energetic value, which makes Broccoli Superfood an excellent addition to any healthy protein shake. It contains Vitamin C, which contributes to the normal function of the immune system and to the protection of cells from oxidative actions.

Ingredients

Organic Broccoli Powder (*Brassica oleracea var. italica L.*) 10g

Directions

Add one or two dessert spoons to sauces, smoothies, fruit juices and other recipes, such as purees, soups and broths. Add it once the dish is tempered. 1 dessert spoon = around 3 grams

Presentation

Contains 150 g (5.29 oz)

Warnings

Store in a cool, dry place.

Additional Information

Organic Certification

The harvesting and processing of our Broccoli meet the most stringent quality assurance and organic standards, guaranteeing the product's organic certification.

High in Fibre

Broccoli is high in fibre (27,64g of fibre per 100g of Broccoli powder), contributing to the digestive function. Drinking plenty of water is important while taking this dietary supplement.

Cold processed

Thermal treatment during cooking, reduce the vitamin content and nutritional value of vegetables. For this reason, our Broccoli powder is cold-processed. We can thus state that our product is not processed, retaining its original vitamin content and nutritional value.

Protection against daily muscular wear.

Daily activity wears our muscle fibers. The best way to regenerate these structures is ensuring an adequate protein intake. Broccoli is a vegetable source of protein, which makes it an excellent option for vegetarians and vegans.

Nutrition Facts

Per 100 g

Ingredients	Percentage	Quantity/100 g
Energetic Value		1179,66 kJ / 281,36 kcal
Fats	1,84%	1,84 g
of which are saturated	0.34%	0.34 g
Carbohydrates	21,97%	21,97 g
of which are sugars	20,86%	20,86 g
Fibre	27,64%	27,64 g
Proteins	30,41%	30,41 g

Ingredient	%NRV	Daily dose
Vitamin C	53%	42,38 mg

% NRV (Nutrient Reference Value)

Allergen Information

Allergen-free

Certifications

