



# Meal Replacement Shake Chocolate Hazelnut 520 g Zero Regrets Drasanvi

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## Description

The DRASANVI Hazelnut Chocolate flavoured shake has been created as a substitute for one or two of the main meals to help you in your weight control. A delicious portion (a sachet) will provide all the nutrients you need in a main meal. The replacement shake of a meal is rich in proteins and high in fibre and is enriched with the vitamins and minerals (phosphorus, calcium ...) you need for your daily life.

# Ingredients

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Maltodextrin , **Calcium caseinate** , **Whey protein concentrate** , **Skimmed milk powder** , **Semi-fat cocoa powder** , Fructooligo-saccharides , Sunflower oil *sunflower oil, Maltodextrin, Milk proteins, ester of mono and diglycerides of fatty acids, SOYA Lecithin, Ascorbyl Palmitate, and Ascorbic Acid* , **Soya Lecitin** *Emulsifier* , Nopal Cactus Dry Extract *Opuntia ficus indica* , Chocolate and Hazelnut Aroma *Aroma* , Sodium Citrate , Potassium Chloride , Calcium Phosphate , Magnesium Carbonate , Dehydrated strawberry , Calcium phosphate , Vitamin Mix (*Vitamin A (Retinol Acetate), Vitamin D (Ergocalciferol), Vitamin E (Alpha tocopherol acetate), Vitamin C (Ascorbic Acid), Niacin (Nicotinamide), Vitamin B1 (Thiamine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B6 ( Pyridoxine Hydrochloride), Vitamin B12 (Cyanocobalamin), Pantothenic acid (Calcium Pantothenate), Folic acid (Pteroylmonoglutamic acid), Biotin (D-biotin), Pantothenic acid (Calcium Pantothenate)* , Xantana gum *Thickener* , lactic ferments *Lactobacillus acidofilos y Bifidos* , Sucralose *Edulcorante* , Zinc Gluconate , Iron Pyrophosphate , Mineral Mix (*Manganese Gluconate, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Microcrystalline Cellulose*) , Sodium fluoride , Copper gluconate , Potassium iodide

## Directions

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Add 52 g (3 dosage cups) to 200-250 ml of water (depending on the desired consistency). Stir the mixture vigorously using a fork or shaker cup. Eat immediately.

## Presentation

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Contains 520 g.

## Warnings

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Meal replacements should be consumed within the framework of a varied and balanced diet and a healthy lifestyle. It is important to maintain an adequate intake of liquid, between 1.5 and 2 liters per day. Meal replacements products are only used for the purpose they are intended (ie, weight loss and subsequent maintenance), as part of a diet of low energy value, and this diet must necessarily be completed with the consumption of other foods. To achieve the goal of losing weight it is necessary to replace two main meals a day with a meal replacement. Contains soya and milk. Store in a cold dry place.

## Additional Information

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Formulated with Caseinate. Without Fructose. With lactic ferments. With Cactus extract of Nopal.

## Nutrition Facts

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per daily dose

<b>Ingredient</b>	<b>per 100 g</b>	<b>%NRV</b>	<b>per sachet</b>	<b>%NRV</b>
Vitamin A	774 µg	96,75%	402,48 µg	50%
Vitamin D	4,8 µg	96,75%	2,496 µg	50%
Vitamin E	11,6 mg	96,75%	6,032 mg	50%
Vitamin C	77,00 mg	96,75%	40,04 mg	50%
Thiamine (Vit B1)	1,1 mg	96,75%	0,5 mg	50%
Riboflavin (Vit B2)	1,4 mg	96,75%	0,7 mg	50%
Niacin (Vit B3)	15,5 mg	96,75%	8,1 mg	50%
Vitamin B6	1,4 mg	96,75%	0,7 mg	50%
Folic Acid	193,0 µg	96,75%	100,4 µg	50%
Vitamin B12	2,4 µg	96,75%	1,2 µg	50%
Biotin	48,0 µg	96,75%	25,0 µg	50%
Pantothenic acid	5,8 mg	96,75%	3,0 mg	50%
Potassium	990 mg	49,5%	515 mg	26%
Chloride	564 mg	70,5%	293 mg	37%
Calcium	594 mg	74%	309 mg	39%
Fosfato	573 mg	82%	263 mg	43%
Magnesium	250,0 mg	66,67%	130 mg	35%
Iron	9,42 mg	67,3%	4,90 mg	35%
Zinc	6,73 mg	67,3%	3,4996 mg	35%
Copper	0,67 mg	67,3%	0,35 mg	35%
Manganese	1,35 mg	67,3%	0,70 mg	35%
Fluoride	2,38 mg	67,3%	1,24 mg	35%
Selenium	36,5 µg	67,3%	19,0 µg	35%
Chrome	27,0 µg	67,3%	14,0 µg	35%
Molybdenum	33,7 µg	67,3%	17,5 µg	35%

Iodine	102,0 µg	67,3%	53,0 µg	35%
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% NRV (Nutirent Recommended Value)

per each 100 g

	Per 100 g	Per daily dose
Energetic Value	1645KJ (391,7 Kcal)	855 KJ (203,7 Kcal)
Fats	8,46 g	4,40 g
of which are saturated	2,22 g	1,15 g
of which are monounsaturated	1,42 g	0,74 g
of which are polyunsaturated	3,14 g	1,63 g
Cholesterol	4,1 mg	2,1 mg
Linoleic acid	2,56 g	1,33 g
Carbohydrates	40,70 g	21,16 g
of which are sugars	6,71 g	3,49 g
Fibre	7,12 g	3,7 g
Proteins	34,62 g	18 g
Salt	0,87 g	0,45 g

## Allergen Information

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Milk, Soya,

## Certifications

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