



Meal Replacement Shake Strawberry 520 g Zero Regrets Drasanvi

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Description

DRASANVI Strawberry Shake has been created as a replacement for one or two of the daily main meals in order to help you in the weight control. A portion (a sachet) will provide all the nutrients you need in a main meal. The meal replacement shake is rich in proteins and high in fibre. Moreover, it is enriched with the vitamins and minerals (phosphorus, calcium ...) you need for your daily life.

Ingredients

Maltodextrin , **Calcium Caseinate** , **Whey Protein Concentrate** , **Skim Milk** , Fructo-Oligosaccharides , Sunflower Oil *Sunflower Oil, Maltodextrin, Milk Proteins, Ester of the Mono and Diglycerides of Fatty Acids, Lecithin, Ascorbyl Palmitate and Ascorbic Acid* , **Soya lecithin** *Emulsifier* , Cactus Nopal dry extract *Opuntia ficus indica* , Potassium chloride , Strawberry aroma *Aroma* , Sodium citrate , Magnesium carbonate , Dehydrated strawberry , Calcium phosphate , Vitamin Mix *Vitamin A (Retinol Acetate), Vitamin D (Ergocalciferol) , Vitamin E (Alpha tocopherol acetate), Vitamin C (Ascorbic Acid), Niacin (Nicotinamide), Vitamin B1 (Thiamin Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12 (Cyanocobalamin), Pantothenic Acid (Calcium Pantothenate), Folic Acid (Pteroylmonoglutamic Acid), Biotin (D-Biotin)* , Xanthan Gum *Thickener* , Lactic Ferments *Lactobacillus acidofilos y Bifidos* , Sucralose *Sweetener* , Zinc Gluconate , Iron Pyrophosphate , Mineral Mix *(Manganese Gluconate, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Microcrystalline Cellulose* , Beet *Dye* , Sodium Fluoride , Copper Gluconate , Potassium Iodide

Directions

Add the content (3 dosage cup) in 200-250 ml of water (according to the desired consistency). Stir the mixture vigorously using a fork or shaker cup. Eat immediately.

Presentation

Contains 520 g.

Warnings

Meal replacements should be consumed within the framework of a varied and balanced diet and a healthy lifestyle. It is important to maintain an adequate intake of liquid, between 1.5 and 2 liters per day. Meal Replacements are only used for the purpose they are intended (ie, weight loss and subsequent maintenance), as part of a diet of low energy value, and this diet must necessarily be completed with the consumption of other foods. To achieve the goal of losing weight, it is necessary to replace two main meals per day with a meal replacement. Contains soya and milk. Store in a cold and dry place.

Additional Information

Formulated with Caseinate. Without Fructose. With lactic ferments. With Captus extract from Nopal.

Nutrition Facts

per daily dose

Ingredient	per 100 g	%NRV*	per sachet	%NRV*
Vitamin A	774 µg	96,75%	402,48 µg	50%
Vitamin D	4,8 µg	96,75%	2,496 µg	50%
Vitamin E	11,6 mg	96,75%	6,032 mg	50%
Vitamin C	77,00 mg	96,75%	40,04 mg	50%
Thiamine (Vit B1)	1,1 mg	96,75%	0,5 mg	50%
Riboflavin (Vit B2)	1,4 mg	96,75%	0,7 mg	50%
Niacin (Vit B3)	15,5 mg	96,75%	8,1 mg	50%
Vitamin B6	1,4 mg	96,75%	0,7 mg	50%
Folic Acid	193,0 µg	96,75%	100,4 µg	50%
Vitamin B12	2,4 µg	96,75%	1,2 µg	50%
Biotin	48,0 µg	96,75%	25,0 µg	50%
Panthothenic Acid	5,8 mg	96,75%	3,0 mg	50%
Potassium	981 mg	49%	510 mg	26%
Chloride	769 mg	96%	400 mg	50%
Calcium	592 mg	74%	308 mg	38%
Phosphate	523 mg	74,7%	272 mg	39%
Magnesium	250,0 mg	66,67%	130 mg	35%
Iron	9,42 mg	67,3%	4,90 mg	35%
Zinc	6,73 mg	67,3%	3,4996 mg	35%
Copper	0,67 mg	67,3%	0,35 mg	35%
Manganese	1,35 mg	67,3%	0,70 mg	35%
Fluoride	2,38 mg	67,3%	1,24 mg	35%
Selenium	36,5 µg	67,3%	19,0 µg	35%
Chrome	27,0 µg	67,3%	14,0 µg	35%
Molybdenum	33,7 µg	67,3%	17,5 µg	35%

Iodine	102,0 µg	67,3%	53,0 µg	35%
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*NRV (Nutrient Recommended Value)

per each 100 g

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Energetic Value	1635KJ (389,3 Kcal)	850 KJ (202,4Kcal)
Fats	7,73 g	4,02 g
of which are saturated	1,74 g	0,90 g
of which are monounsaturated	1,15 g	0,60 g
of which are polyunsaturated	3,12 g	1,62 g
Cholesterol	4,2 mg	2,2 mg
Folic Acid	2,63 g	1,37 g
Carbohydrates	41,75 g	21,71 g
of which are sugars	6,60 g	3,43 g
Fibre	7,12 g	3,7 g
Proteins	34,62 g	18 g
Salt	0,87 g	0,45 g

Allergen Information

Milk, Soya,

Certifications

