



Vegan Meal Replacement Shake Chocolate Hazelnut 520 g Zero Regrets Drasanvi

SKU: 032010094 C.N: 191251.0 EAN13: 8436578540433

Description

The DRASANVI Vegetable Meal Replacement Shake Hazelnut Chocolate Flavoured has been specially designed for those vegans who want to lose weight or maintain their weight, as a substitute for one or two main meals per day. With a delicious hazelnut chocolate flavour, the substitute shake of one or two meals is rich in proteins from the pea protein isolate. In addition, it has a high fibre content and the vitamins and minerals (phosphorus, calcium ...) you need for your day to day. The

recommended dose will provide all the nutrients you need in a main meal.

Ingredients

Pea Protein Isolate , Maltodextrin , Semi-Greased Cocoa , Fructo-Oligosaccharides , **Soya Lecithin** *Emulsifier* , Dry Cactus Nopal *Opuntia ficus indica* , Calcium Phosphate , Sunflower Oil , Chocolate-Hazelnut Aroma *Aroma* , Potassium Chloride , Magnesium Carbonate , Mix Vitamin (*Vitamin A (Retinol Acetate), Vitamin D (Ergocalciferol), Vitamin E (Alpha Tocopherol Acetate), Vitamin C (Ascorbic Acid), Niacin (Nicotinamide), Vitamin B1 (Thiamine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12 (Cyanocobalamin), Pantothenic Acid (Calcium Pantothenate), Folic Acid (Pteroylmonoglutamic Acid), Biotin (D-Biotin)* , Xanthan Gum *Thickener* , Sucralose *Sweetener* , Zinc Gluconate , Iron Pyrophosphate , Mineral Mix (*Manganese Gluconate, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Microcrystalline Cellulose*) , Sodium Fluoride , Copper Gluconate , Potassium Iodide

Directions

Add 52 g (3 of the dosage cup) over 200-250 ml of water according to the consistency you want. Stir the mixture vigorously using a fork or shaker cup. Eat immediately.

Presentation

Contains 520g.

Warnings

Meal replacements should be consumed within the framework of a varied and balanced diet and a healthy lifestyle. It is important to maintain an adequate intake of liquid, between 1.5 and 2 liters per day. Meal replacements are only used for the purpose they are intended (ie, weight loss and subsequent maintenance), as part of a diet of low energy value, and this diet must necessarily be completed with the consumption of other foods. To achieve the goal of losing weight it is necessary to replace two main meals a day with a meal replacement. Contains soya. Store in a cold and dry place.

Additional Information

Vegetal protein

Without Fructose

Without lactose

Nutrition Facts

per daily dose

Ingredient	per 100 g	%NRV	per sachet	%NRV
Vitamin A	774 µg	96,75%	402,48 µg	50%
Vitamin D	4,8 µg	96,75%	2,496 µg	50%
Vitamin E	11,6 mg	96,75%	6,032 mg	50%
Vitamin C	77,00 mg	96,75%	40,04 mg	50%
Thiamine (Vit B1)	1,1 mg	96,75%	0,5 mg	50%
Riboflavine (Vit B2)	1,4 mg	96,75%	0,7 mg	50%
Niacine (Vit B3)	15,5 mg	96,75%	8,1 mg	50%
Vitamin B6	1,4 mg	96,75%	0,7 mg	50%
Folic Acid	193,0 µg	96,75%	100,4 µg	50%
Vitamin B12	2,4 µg	96,75%	1,2 µg	50%
Biotin	48,0 µg	96,75%	25,0 µg	50%
Pantothenic acid	5,8 mg	96,75%	3,0 mg	50%
Potassium	980 mg	49%	510 mg	25%
Chloride	664 mg	83%	345 mg	43%
Calcium	593 mg	74,12%	308 mg	39%
Phosphate	505 mg	72,14%	263 mg	38%
Magnesium	250,0 mg	66,67%	130 mg	35%
Iron	9,42 mg	67,3%	4,90 mg	35%
Zinc	6,73 mg	67,3%	3,4996 mg	35%
Copper	0,67 mg	67,3%	0,35 mg	35%
Manganeso	1,35 mg	67,3%	0,70 mg	35%
Floruro	2,38 mg	67,3%	1,24 mg	35%
Selenium	36,5 µg	67,3%	19,0 µg	35%
Chrome	27,0 µg	67,3%	14,0 µg	35%
Molybdenum	33,7 µg	67,3%	17,5 µg	35%

Iodide	102,0 µg	67,3%	53,0 µg	35%
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% NRV (Nutrient Reference Value)

per each 100 g

	Per 100 g	Per daily dose
Energetic Value	1630KJ (388,1 Kcal)	848 KJ (201,8 Kcal)
Fats	6,92 g	3,60 g
of which are saturated	1,26 g	0,66 g
of which are monounsaturated	0,95 g	0,49 g
of which are polyunsaturated	2,69 g	1,40 g
Cholesterol	0,0 mg	0,0 mg
Linoleic acid	2,21 g	1,15 g
Carbohydrates	43,27 g	22,50 g
of which are sugars	0,90 g	0,47 g
Fibre	7,12 g	3,7 g
Proteins	34,62 g	18 g
Salt	1,51 g	0,79 g

Allergen Information

Soya,

Certifications

