



# Turmeric Bio 150 g Doypack Superfoods Drasanvi

SKU: 032010109 EAN13: 8436578541706

## Description

Turmeric, with a characteristic intense yellow color, is extracted from the root of the herbaceous plant with the same name. Throughout history, it has been used as a natural dye and as a spice, as well as for medicinal purposes, being one of the most important components of a group of compounds called curcuminoids, which include Curcumin.

## Ingredients

---

Turmeric powder\* \*From organic farming *Curcuma longa* L.

## Directions

---

Add a tablespoon to vegetable drinks, salads and smoothies. It is advisable to accompany it with fat (e.g.: coconut oil) to improve assimilation by the body. 1 tablespoon = 5 g

## Presentation

---

Contains 150 g (5.29 oz)

## Warnings

---

Store in a cool, dry place. Alergen free.

## Additional Information

---

### Organic certification

The Turmeric collection and processing process is carried out in compliance with the most demanding quality standards, which has allowed us to obtain the organic product certificate.

## Nutrition Facts

---

Per 100 g

Energetic Value	1481 KJ / 354 Kcal
Fat	9,88 g
of which aresaturated	6,30 g
Carbohydrates	64,93 g

of wich are sugar	3,97 g
Fibre	21,11 g
Proteins	7,83 g
Salt	0,01 g

## Allergen Information

---

Allergen-free

## Certifications

---

