



# Kale Bio 200 g Doypack Superfoods Drasanvi

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## Description

Kale is a green leafy vegetable that, known since ancient times, is again important today. Its high contribution in fibre and proteins arouse its interest, as well as other substances such as glucosinolates and chlorophyll. Its process of obtaining follows ecological criteria that, added to the non-use of high temperatures, allows to take advantage of all the properties of Kale.

## Ingredients

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Kale Leaf powder\*\*From organic farming *Brassica oleracea*

## Directions

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Enrich all green dishes, add to cold dishes such as salad. sauces, or add to vegetable creams (once it has been cooked). 1 tablespoon = 5 grams

## Presentation

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Contains 200 g (7.05 oz)

## Warnings

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Store in a cool, dry place.

## Additional Information

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Organic certification

The Kale collection and processing process is carried out in compliance with the most demanding quality standards, which has allowed us to obtain the organic product certificate.

## Nutrition Facts

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Per 100 g

Energetic Value	1075 KJ / 257,20 Kcal
Fat	1,8 g
of which are saturated	0,21 g
Carbohydrates	15,64 g
of which are sugar	9,38 g
Fibre	31,2 g
Proteins	29,01 g

Salt

0,77 g

## Allergen Information

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Allergen-free

## Certifications

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