



Kalmansia 45 Capsules Drasanvi

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Description

Contributes to the normal function of the nervous system. Kalmansia is a food supplement that help keep the nervous system balanced with their carefully selected ingredients. Kalmansia include valerian, lemon balm, oats and griffonia simplicifolia. The latter is rich in 5-HTPs, a substance that is a precursor of tryptophan and serotonin.

Ingredients

Griffonia dry extract (*Griffonia simplicifolia*, 40% 5HTP) 340 mg, Casing (*Hydroxypropyl Methylcellulose*)

, Bulking agent (*Maltodextrin*) , Valerian dry extract (*Valeriana officinalis L*) 100 mg, Lemon Balm dry extract (*Melisa officinalis L*) 100 mg, Magnesium oxide 100 mg, Vitamin C (*Ascorbic acid*) 30 mg, Anti-caking agent (*Magnesium salt of fatty acid*) , Anti-caking agent (*Silicon dioxide*) , Vitamin B6 (*Pyridoxine hydrochloride*) 4 mg

Directions

Take 1-2 capsules a day with water or juice whenever you need it. If you are taking this product to help you sleep, take it one hour before going to bed.

Presentation

Contains 45 capsules of 522 mg. Total weight: 23,5 g (0.82 oz)

Warnings

Consult your doctor if taking anxiolytics. This is a food supplement: food supplements should not be used as a substitute for a balance diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of the reach of children. Store in a cool, dry place.

Additional Information

***Griffonia simplicifolia* containing 40% 5-HTP**

5-HTP is a precursor of tryptophan. However, this substance can only be obtained from natural sources such as from *Griffonia simplicifolia*, as we have done.

Nutrition Facts

Per daily dose (2 capsules)

Ingredient	Percentage	Quantity
Vitamin B6	285,7%	4 mg
Vitamin C	37,5%	30 mg

Magnesium16%60,29 mg

% NRV (Nutrient Reference Value)

Allergen Information

Allergen-free

Certifications

