



# Phytocyst 30 Tablets Drasanvi

SKU: 032050096 EAN13: 8436044513039

## Description

Phytocyst<sup>®</sup> is a food supplement that is based on cranberry extract (*Vaccinium macrocarpum*). Cranberries have very high nutritional values – they contain fibre, vitamins, minerals and proanthocyanidins. Type A proanthocyanidins (PAC-A) are the most important active ingredient found in cranberries. For this reason the extract used in Phytocyst<sup>®</sup> is titrated at 40% in this substance. In addition to this first-quality ingredient, we have also added fructooligosaccharides, lactic ferments and vitamin C, which contributes to maintain the normal functioning of the immune system.

## Ingredients

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Bulking agent (*Microcrystalline cellulose*) , American cranberry dry extract (*Fruit*) (*Vaccinium macrocarpon Ait.*, PAC-A 40%) 150 mg, Fructooligosaccharides 50 mg, Vitamin C (*Ascorbic acid*) 40 mg, Bulking agent (*Magnesium salt of fatty acid*) , Anti-caking agent (*Silicon dioxide*) , Lactic ferments (*Corn Starch*, *Corn Maltodextrin*, *Fructooligosaccharides*, *Inulin*, *Corn Dextrin*, *Potassium Chloride*, *Hydrolyzed Vegetable Protein*, *Magnesium Sulfate*), *Bifidobacterium lactis* (2 strains), *Enterococcus faecium*, *Lactobacillus acidophilus*, *Lactobacillus paracasei*, *Lactobacillus plantarum* (2 strains), *Lactobacillus salivarius*, *Lactococcus lactis*, *Enzyme amylase*, *Vanilla aroma*, *Manganese sulfate*) 5 mg, Folic acid (*Pteroylmonoglutamic acid*) 0,1 mg

## Directions

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At the beginning, take 2 tablets a day, every 12 hours and for seven days. It is recommended to take 1 tablet, an hour before bedtime and another one in the middle of the morning. After that time, take 1 tablet daily before bedtime, for six months.

## Presentation

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Contains 30 tablets of 550 mg. Total weight: 16,5 g (0.58 oz)

## Warnings

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120 mg of PAC in two tablets. Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of younger children. Store in a cool, dry place. Excessive consumption can cause intestinal discomfort. Avoid consumption along with medications and other fibre-based food supplements.

## Additional Information

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### **Type A Proanthocyanidins**

Oligomeric proanthocyanidins (OPCs) are among the most common polyphenolic substances found in plants. Proanthocyanidins are an integral part of the human diet, and are found in high concentrations in fruits such as apples, pears and grapes, as well as in chocolate, wine and tea. Generally, the OPCs

for nutritional supplements are extracted from grape seeds and pine bark. However, proanthocyanidins have various classifications. For example, grapes and European blueberries are rich in type B proanthocyanidins, and it is only the American red cranberry that is rich in type A proanthocyanidins. Phytocyst® contains high levels of type A proanthocyanidins - a total of 60 mg per tablet.

## Nutrition Facts

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per daily dose (1 tablet)

Ingredient	Percentage	Quantity
Vitamin C	50%	40 mg
Folic Acid	50%	100 µg

% NRV (Nutrient Reference Value)

## Allergen Information

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Allergen-free

## Certifications

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