Collmar Magnesium Vanilla 300 g Drasanvi

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Description

Collmar, due to its Vitamin C content, contributes to the normal formation of Collagen for the **normal functioning of cartilage, bones and skin.**

Ingredients

Hydrolysed Marine Collagen *(Contains fish) (Type I, Very low molecular weight)* 9.792 mg,

Magnesium Carbonate *(29% Magnesium)* 862 mg, Acerola Dry Extract *(Fruit) (Malpighia punicifolia, 25% Vitamin C)* 320 mg, Hyaluronic acid 10 mg, Flavour *(Vanilla flavour)*

Directions

Take 11 g (2 dose scoops) daily, divided into 1 or 2 intakes. It can be sweetened to taste, dissolved in a glass of water or juice. We recommend consuming the product for at least 3 months.

Presentation

Contains 300 g (10.58 oz)

Warnings

Food supplement based on collagen, plants and minerals.

Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Contains **FISH**.

Additional Information

Marine collagen is rich in amino acids

The collagen we use comes from fish. A recent study (J Agric Food Chem 55(4) 1532-1535 (2007)) has proved that marine collagen is more easily assimilated by the body than other forms, such as collagen that comes from pig parts. Collmar Magnesium contains a high proportion of glycin, prolin and hydroxyprolin (the most prevalent amino acids in collagen) and other essential amino acids.

Hydrolysed

The collagen we use has gone through a unique process in which it is broken down into tiny fragments, so that the body can easily absorb it.

Magnesium

Magnesium is an essential mineral for the organism and helps make up the bones. Magnesium

provides a number of benefits such as:

- Helping reduce tiredness and fatigue.
- Contributing to the balance of electrolytes and helps to maintain a healthy metabolism.
- Maintaining a healthy nervous system and helps to keep the muscles functioning normally.
- Maintaining healthy protein biosynthesis and a healthy psychological balance.
- Helping to keep bones and teeth healthy.
- Supporting the process of cell division.

Contains vitamin C

The EFSA (European Food and Safety Authority) recommends the consumption of vitamin C, as it helps create collagen and helps make cartilage, bones and skin.

Nutrition Facts

per daily dose (11 g)

Ingredient	Percentage	Quantity
Vitamin C	100%	80 mg
Magnesium	67%	250 mg

% NRV (Nutrient Reference Value)

Allergen Information

Fish,

Certifications