



# Artichoke 30 Capsules Nutr basics Drasanvi

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## Description

The artichoke is a perennial plant, often grown for food. Due to its properties, it has been transformed from a wild plant to one that is cultivated. Artichoke leaves are made up of complex active substances. They are particularly high in caffeoylquinic acid and its derivatives, including cynarine and chlorogenic acid. These active ingredients are present in the leaves, especially those grown in the first year.

## Ingredients

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Artichoke dry extract (*Leaf*) (*Cynara scolymus L. Ratio 10:1, 5% Cynarine*) 320 mg, Casing (*Hydroxypropyl Methylcellulose*) , Bulking agent (*Microcrystalline cellulose*) , Bulking agent (*Magnesium salt of fatty acid*) , Anti-caking agent (*Silicon dioxide*)

## Directions

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Take one capsule a day with a main meal.

## Presentation

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Contains 30 capsules, 514 mg each. Total weight: 15,45 g (0.53 oz)

## Warnings

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Food supplement based on plants.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of younger children. Store in a cool, dry place.

## Additional Information

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### **The use of dry extract**

We use dry plant extract instead of powdered plant extract in our artichoke capsules. This allows us to concentrate the product, giving exactly the same results just using less of it. For this product we have chosen artichoke extract with a ratio of 10:1, which means that we have used 3200 mg of the plant to obtain 320 mg of artichoke extract. Dry extract refers to a specific extraction process, during which the active ingredients are retained, while the impurities and other substances that are not needed are removed. The use of plant extracts has a number of advantages over vegetable-based and powdered forms:

1. It is possible to measure the exact amount of active ingredients (standardised extracts)
2. Products based on plant extract are more concentrated than those made from powdered form (a concentrated dose is easy to take)

3. The assimilation of the active ingredients alone is easier than the assimilation of all of the compounds of the plant

### **Standardised extracts**

Another important advantage of our product is the use of standardised extract, i.e. the provision of active plant ingredients remains constant over time. In the case of artichoke, this extract is cynarine and it provides you with 16 mg per daily dose.

### **Concentrated dose, easy to take**

The use of concentrated dry extract and active ingredients allows us to provide the same dose in just one capsule.

### **Vegetable-based capsules**

The capsules we use are vegetable-based, made from hydroxypropyl methylcellulose, and have been certified by the Vegetarian Society. Hydroxypropyl methylcellulose is obtained from the cellulose found in various plant structures.

### **Free from allergens**

We have ensured that our artichoke capsules have not come into contact with the most common allergens, in particular with gluten.

### **Blister packs**

Our artichoke capsules come in blister packs: they protect the contents from any knocks as well as from environmental factors, ensuring that the product remains intact for as long as possible. This type of packaging is the best for protection against humidity and microbial contamination.

## Allergen Information

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Allergen-free

# Certifications

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