



# Horsetail 30 Capsules Nutr basics Drasanvi

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## Description

Horsetail is a plant that grows in damp places and, as its name implies, it looks like horsehair. It can grow up to 60 cm tall and has articulated stems, of which some are fertile and others sterile. Horsetail is rich in a number of dietary elements, including silicon, potassium, magnesium, sodium and chlorine. These elements are found in the sterile shoots, which are chosen to obtain the extract. The plant is also rich in flavonoids.

## Ingredients

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Horsetail dry extract (*Aerial part*) (*Equisetum arvense L.*, Ratio 5:1, 7% silicon) 300 mg, Coating agent (*Hydroxypropyl Methylcellulose*) , Bulking agent (*Microcrystalline cellulose*) , Bulking agent (*Magnesium salt of fatty acid*) , Anti-caking agent (*Silicon dioxide*)

## Directions

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Take one capsule a day, preferably with a main meal.

## Presentation

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Contains 30 capsules, 486 mg each. Total weight: 14,5 g (0.50 oz)

## Warnings

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Herbal food supplement.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place.

## Additional Information

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### **The use of dry extract**

We use dry plant extract instead of powdered plant extract in our horsetail capsules. This allows us to concentrate the product, giving exactly the same results just using less of it. For this product we have chosen horsetail extract with a ratio of 5:1, which means that we have used 1500 mg of the plant to obtain 300 mg of the extract. "Dry extract" refers to a specific extraction process, during which the active ingredients are retained, while the impurities and other substances that are not needed are removed. The use of plant extracts has a number of advantages over vegetable-based and powdered forms:

1. It is possible to measure the exact amount of active ingredients (standardised extracts)
2. Products based on plant extract are more concentrated than those made from powdered form (a

concentrated dose is easy to take)

3. The assimilation of the active ingredients alone is easier than the assimilation of all of the compounds of the plant, because there are impurities and fibres present in the powder.

## **Standardised extracts**

Another important advantage of our product is the use of standardised extract, i.e. the provision of active plant ingredients remains constant over time. In the case of horsetail, this extract is silicon and it provides you with 21 mg per daily dose.

## **Concentrated dose, easy to take**

The use of concentrated dry extract and active ingredients allows us to provide the same dose in just one capsule.

## **Vegetable-based capsules**

The capsules we use are vegetable-based, made from hydroxypropyl methylcellulose, and have been certified by the Vegetarian Society. Hydroxypropyl methylcellulose is obtained from the cellulose found in various plant structures.

## **Free from allergens**

We have ensured that our horsetail capsules have not come into contact with the most common allergens, in particular with gluten.

## **Blister packs**

Our horsetail capsules come in blister packs: they protect the contents from any knocks as well as from environmental factors, ensuring that the product remains intact for as long as possible. This type of packaging is the best for protection against humidity and microbial contamination.

## Allergen Information

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Allergen-free

## Certifications

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