



# Green Tea 60 Capsules Nutrabasics Drasanvi

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## Description

Green Tea is made from the *Camellia sinensis* leaves and has been used since ancient times by many civilizations. Green Tea is a widely consumed beverage worldwide, while it is true that its consumption as extract is becoming more and more popular. Overall, its use and consumption keeps increasing. Green Tea is rich in Vitamin C (used to prevent scurvy in Asian trips), L-Theanine and specially Polyphenols and Catechins.

## Ingredients

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Green Tea Dry Extract (Leaf) (*Camellia sinensis* (L.) Kuntze., Ratio 8:1, Polyphenols 50%, Catechins 30%, EGCG 15%, Caffeine 7%) 700 mg, Casing (Hydroxypropyl Methylcellulose), Bulking Agent (Microcrystalline Cellulose), Bulking Agent (Magnesium salt of fatty acid), Anti-Caking Agent (Silicon Dioxide)

## Directions

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Take two capsules daily, divided into main meals.

Maximum recommended daily dose: 2 capsules

## Presentation

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Contains 60 capsules, 486 mg each. Total weight: 14,60 g (0.52 oz).

## Warnings

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Food supplement based on plants.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of small children Store in a cool, dry place. Contains caffeine (49 mg per daily dose). A daily amount of 800 mg or more of EGCG (epigallocatechin gallate) should not be consumed. It should not be consumed if you are already consuming other products that contain green tea. It should not be consumed by pregnant or lactating women, or children under 18 years of age. It should not be taken on an empty stomach.

2 green tea capsules contain: 210 mg of catechins and 105 mg of EGCG.

## Additional Information

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### **Dry extracts**

Our Green Tea capsules contain dry extracts instead of powdered plant material. Dry extracts are more concentrated and therefore, the same results can be achieved by using less product. We have selected

a Green Tea Extract with a 8:1 ratio. This means that we have used 5.600 mg of plant to produce 700 mg of extract. “Dry extract” refers to a specific extraction process that retains the bioactive compounds from plant materials and eliminates impurities and other unnecessary substances. The use of plant extracts has several advantages over the use of powdered forms:

- The bioactive compounds content can be accurately measured (Standardized Extracts).
- Products based on plant extracts are more concentrated than those made from powdered plant material (Concentrated and easy to take doses).
- The assimilation of bioactive compounds is easier if they are alone (extract form) rather than in combination with the rest of plant material that retains impurities and fiber (powdered form).

### **Standardized extracts**

Another important advantage of our product formulation is the use of standardized extracts. Standardized extracts contain isolated, guaranteed amounts of bioactive ingredients that remain constant over time. In this particular case, our Green Tea Extract is titrated in Polyphenols, among other substances, ensuring a constant daily dose of 350 mg.

### **Concentrated and easy to take doses**

The use of concentrated and titrated dry extracts allows us to provide the same dose in just two (2) capsules.

### **Vegetable capsules**

Our capsules are vegetable-based. They are manufactured from Hydroxypropyl Methylcellulose, which is a product derived from plant cellulose. These capsules have been certified by the Vegetarian Society.

### **Allergen-free**

We make every effort to ensure that our Green Tea capsules are free of the most common allergens, in particular gluten.

### **Blister packs**

Our Green Tea capsules come in blister packs. Blister packs protect products against adverse external influences that may affect its quality or potency (such as mechanical damage and environmental factors like moisture or biological contamination), ensuring their composition for extended periods of time.

# Allergen Information

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Allergen-free

# Certifications

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