



# Turmeric 24 Capsules Nutr basics Drasanvi

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## Description

Turmeric, with a characteristic intense yellow color, is extracted from the root of the herbaceous plant with the same name. Throughout history, it has been used as a natural colorant and as a spice, as well as for medicinal purposes, having proven its effectiveness for **joint health and anti-inflammatory processes**. The most important components of Turmeric are a group of compounds called curcuminoids, which include Curcumin. **Curcumin helps relieve muscle and joint pain.**

## Ingredients

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Turmeric Dry Extract (*Root*) (*Curcuma longa* Vahl. Ratio 20:1 Curcumin 95%) 500 mg, Coating Agent (*Hydroxypropyl Methylcellulose*) , Bulking Agent (*Microcrystalline Cellulose*) , Bulking Agent (*Magnesium salt of fatty acid*) , Anticaking (*Silicon Dioxide*)

## Directions

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Take one capsule daily, preferably with breakfast.

## Presentation

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Contains 24 capsules, 770 mg each. Total weight: 18,48 g (0.64 oz).

## Warnings

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Food supplement based on plants.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Its consumption is not recommended for those under 18 years of age. It should not be consumed by pregnant or lactating women.

## Additional Information

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### Dry extracts

Our Turmeric capsules contain dry extracts instead of powdered plant material. Dry extracts are more concentrated and therefore, the same results can be achieved by using less product. We have selected a Turmeric Extract with a 20:1 ratio. This means that we have used 1.000 mg of plant to produce 50 mg of extract. "Dry extract" refers to a specific extraction process that retains the bioactive compounds from plant materials and eliminates impurities and other unnecessary substances. The use of plant extracts has several advantages over the use of powdered forms:

- The bioactive compounds content can be accurately measured (Standardized Extracts).

- Products based on plant extracts are more concentrated than those made from powdered plant material (Concentrated and easy to take doses).
- The assimilation of bioactive compounds is easier if they are alone (extract form) rather than in combination with the rest of plant material that retains impurities and fiber (powdered form).

## **Standardised extracts**

Another important advantage of our product formulation is the use of standardised extracts. Standardised extracts contain isolated, guaranteed amounts of bioactive ingredients that remain constant over time. In this particular case, our Turmeric Extract is titrated in Curcumin, ensuring a constant daily dose of 475 mg.

## **Concentrated and easy to take doses**

The use of concentrated and titrated dry extracts allows us to provide the same dose in just one (1) capsule.

## **Vegetable capsules**

Our capsules are vegetable-based. They are manufactured from Hydroxypropyl Methylcellulose, which is a product derived from plant cellulose. These capsules have been certified by the Vegetarian Society.

## **Allergen-free**

We make every effort to ensure that our Turmeric capsules are free of the most common allergens, in particular gluten.

## **Blister packs**

Our Turmeric capsules come in blister packs. Blister packs protect products against adverse external influences that may affect its quality or potency (such as mechanical damage and environmental factors like moisture or biological contamination), ensuring their composition for extended periods of time.

# Allergen Information

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Allergen-free

# Certifications

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