



Omega 3 1000 mg 48 Softgels Nutrabasics Drasanvi

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Description

Omega 3 is a type of polyunsaturated fat considered an essential fatty acid because it cannot be manufactured by the body. As a result, we must obtain Omega 3 fatty acids from foods such as fish (generally oily fish), nuts and seeds (flax, chia, etc). There are 6 types of Omega 3 fatty acids. The simplest is called Alpha Linolenic Acid (ALA). The most important of the other Omega 3s are Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA). The Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA) in our Drasanvi Omega 3 softgels contribute to the normal function of the heart.

Ingredients

<u>Fish Oil</u> (Contains fish) (EPA 18% and DHA 12%) 1.000 mg, Natural Vitamin E (D-alpha tocopherol) 20 mg, Casing (Gelatin and Glycerin)

Directions Presentation

Take one (1) softgel daily, preferably with any meal.

Contains 48 softgels, 1.400 mg each. Total weight: 67,2 g (2.4 oz).

Warnings

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of younger children. Store in a cool, dry place.

Additional Information

Standardised oils

One of the most important advantages of our product formulation is the use of standardized extracts. Standardized extracts contain isolated, guaranteed amounts of bioactive ingredients that remain constant over time. In this particular case, our Omega 3 softgels are titrated in Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), ensuring a constant daily dose of 180 mg and 120 mg

respectively.

Concentrated and easy to take doses

The use of concentrated and titrated oils allows us to provide the same dose in just one (1) softgel.

Allergen-free

We make every effort to ensure that our Omega 3 softgels are free of the most common allergens, except fish.

Blister packs

Our Omega 3 softgels come in blister packs. Blister packs protect products against adverse external influences that may affect its quality or potency (such as mechanical damage and environmental factors like moisture or biological contamination), ensuring their composition for extended periods of time.

Nutrition Facts

Ingredient	Percentage	Quantity
Vitamin E	111 %	13,4 mg

Allergen Information

Fish,

Certifications

