



# Milk Thistle Glycerinate 50 ml Botanical Bio Drasanvi

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## Description

Milk Thistle is a plant originally native to Mediterranean and south-eastern Europe, northern Africa and western Asia, where it grows in open spaces and along roadsides. It may grow up to 1 meter tall during the flowering phase. It has long thorns and red-purple flowers. The seeds contain a group of three active ingredients: Silybin, Silydianin and Silychristin, collectively referred to as Silymarins. In addition, they are rich in Vitamin C, Beta-carotens and Minerals such as Calcium, Magnesium, Potassium and Selenium. We have selected a Milk Thistle Glycerinate Extract with a 1:3 ratio. This means that for each gram of Extract we have used 3 grams of fresh plant. Besides, our Milk Thistle Glycerinate

Extract is titrated in Silybin 8 mg/ml, providing 24 mg per day.

## Ingredients

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Milk Thistle BIO Glycerinate Extract\* (*Silybum marianum* (L.) Gaertner. ratio 1:3 ; Silybine 8 mg/ ml) 3 ml

## Directions

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Take 1 ml (approximately 28 drops) diluted in a glass of water three times a day, preferably before main meals.

## Presentation

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Contains 50 ml (1.75 fl oz).

## Warnings

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Due to its BIO nature (it does not contain preservatives), close tightly and refrigerate after opening. Once opened consume before one month. Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of younger children. Store in a cool, dry place.

## Additional Information

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### **Standardized Extracts**

One of the primary advantages of our formulation is the use of standardized extracts. This means that the active plant ingredients that provide medicinal properties are always the same. In the case of Milk Thistle, its titration in Silybin ensures a constant daily dose of 24mg. In addition, we have selected a Milk Thistle glycerinated extract with a ratio 1:3. This means that for each gram of extract we have used 3g of plant.

### **Glycerinate Extracts**

The advantages of vegetable glycerinate based extracts with respect to other solvents like water or alcohol are as follows:

- The active plant ingredients are not affected.
- Vegetable glycerin promotes the homogeneous distribution of active ingredients throughout the product.
- Vegetable glycerin delays oxidation; therefore preservatives are not needed.
- Vegetable glycerin is the only solvent that preserves the natural flavor derived from the plant.
- Glycerin has a low glycemic index and therefore breaks down sugars slowly. This way, we avoid blood sugar spikes.
- Vegetable glycerin is a natural humectant that absorbs moisture. This property facilitates cellular dehydration without damaging the overall plant protein structures.

## Organic Certification

Our Milk Thistle Extract is certified organic. This certification ensures that our crops are grown, harvested and processed under the most strict certification standards. The absence of chemical additives preserves the properties of the native plant.

## High Quality Bottle

Drasanvi has chosen to use a special glass bottle. This is an opaque bottle, characterized by preventing the passage of visible light spectrum. This protects the products from oxidation, so our glycerinated extracts are kept in perfect condition for longer periods of time.

## Allergen Information

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Allergen-free

## Certifications

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