



## Collmar Magnesium Lemon 300 g Drasanvi

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### Description

Due to its high levels of vitamin C, this supplement helps maintain the normal production of collagen, which supports healthy cartilage, bones and skin with lemon flavour.

## Ingredients

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**Hydrolysed Marine Collagen** (*Contains fish*) (*Type I, very low molecular weight*) 9.655 mg,  
Magnesium Carbonate (*Magnesium 29%*) 937 mg, Flavour (*Lemon natural flavour*) , Acerola Dry  
Extract (*Fruit*) (*Malpighia punicifolia, 25% Vitamin C*) 320 mg, Sweetener (*Sucralose*) , Hyaluronic  
Acid 10 mg

## Directions

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Take 11,5 g (2 dosage cups) daily, mixed in a  
glass of water or juice. It is recommended to take  
this product for at least 3 months.

## Presentation

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Contains 300 g (10.58 oz)

## Warnings

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Food supplement based on collagen, magnesium, plants and hyaluronic acid with sweetener.

Food supplements should not be used as substitutes for a varied and balanced diet and a healthy  
lifestyle. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids.  
Store in a cool, dry place. Contains fish.

## Additional Information

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### Marine Collagen and the Richness of Amino Acids

We use Collagen from fish. A recent study (J Agric Food Chem 55(4) 1532-1535 (2007)) has shown that Marine Collagen is more easily assimilated by the body than Collagen from other sources, like pig Collagen. Collmar® is rich in Glycine, Proline and Hydroxyproline, the most abundant amino acids in collagen, and essential amino acids. Specific studies have proven that our collagen is the best one that our organism assimilates as after undergoing the digestive process, smaller peptides are obtained, and, therefore, they are more assimilable. INSA study conducted by Institut National des Sciences de Toulouse Appliquées.

### Enzymatically Hydrolysed

Our Collagen undergoes a unique process in which it is broken down into smaller molecules called Peptides, which are more easily absorbed into the body. This process is called enzymatic hydrolysis and favors the cleavage of Collagen in specific sites, facilitating its absorption into the body. Hydrolysis is necessary, as the EFSA, European Food Safety Authority, in its document EFSA-Q-2004-085, approves the hydrolysis is essential to make collagen fit for human consumption.

### Enriched with Magnesium and Vitamin C

Collmar Magnesium Lemon Flavour provides 100 % of the recommended daily dose of these two nutrients, Magnesium and Vitamin C, besides many other properties that are related to protein synthesis. Vitamin C contributes to normal collagen formation for the normal function of cartilage, bones and skin, and Magnesium contributes to normal protein synthesis.

### Easy dissolution and pleasant taste

In order to make more comfortable and easier its consumption, Collmar can be perfectly diluted in any liquid and also has a pleasant and refreshing lemon flavour.

## Nutrition Facts

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Per daily dose (11,5 g)

Ingredient	Percentage	Quantity
Magnesium	67%	250 mg
Vitamin C	100%	80 mg

% NRV (Nutrient Reference Value)

# Allergen Information

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Fish,

# Certifications

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