



# Sananitos Appetite & Grow Up 150 ml Drasanvi

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## Description

Acerola grows up naturally in Central America, Antillas, and humid tropics in South America. Their fruit is the one with the highest content in Vitamin C. It is also rich in vitamin B6, vitamin B1, vitamin A, flavonoids and essential minerals (iron, calcium, phosphorus, potassium and magnesium). Cilantro is commonly used in the Mediterranean, South American and Asian cuisines. Every part of the plant is edible, but fresh leaves and seeds are generally used. Watercress is a common perennial plant that can be found in streams, streams of clear water and wetlands, native to Europe and Central Asia. It is considered one of the oldest vegetables consumed by humans. Manganese, Thiamin, Riboflavin,

Pantothenic Acid and Vitamin B6, Biotin, Vitamin B12 and Vitamin B3 contribute to the normal energy metabolism.

## Ingredients

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Water , Brown Cane Sugar , Fructooligosacharides 500 mg, Majoram Dry Extract (*Flowering tops*) (*Origanum majorana*) 260 mg, Lyophilized Royal Jelly *Ratio 3:1 (10-HDA 4%)* 200 mg, Pollen Glycerinated Extract (*Ratio 1:1*) 200 mg, Acerola Dry Extract (*Fruit*) (*Malpighia glabra (L.)*, *Vitamin C 50%*) 112 mg, Cilantro Dry Extract (*Fruit*) (*Coriandrum sativum (L)*, *ratio 5:1*) 62,4 mg, Thickener (*Xanthan Gum*) , Aroma (*Banana Flavour*) , Preservative (*Potassium Sorbate*) , Watercress Dry Extract (*Aerial parts*) (*Nasturtium officinale R. Brown*, *Ratio 4:1*) 25 mg, Vitamin C (*Ascorbic Acid*) 24 mg, Acidifier (*Citric Acid*) , Manganese Gluconate (*Manganese 11,36%*) 5,28 mg, Vitamin B3 (*Nicotinamide*) 4,8 mg, Vitamin B5 (*Calcium D-Pantothenate*) 1,8 mg, Vitamin B2 (*Riboflavin*) 0,42 mg, Vitamin B6 (*Pyroxidine Clorhydrate*) 0,42 mg, Vitamin B1 (*Thyamin Clorhydrate*) 0,33 mg, Vitamin B9 (*Pteroylmonoglutamic Acid*) 60 µg, Biotin (*D-biotin*) 15 µg, Vitamin B12 (*Cyanocobalamin*) 0,75 µg

## Directions

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Adults and children 3 years and older: Take 20 ml (two spoons) once per day, or take 10 ml (one spoon) before lunch and 10 ml (one spoon) before dinner. Sananitos Appetite & Grow Up can be taken alone or mixed with any other liquid.

## Presentation

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Contains 150 ml (5.25 fl oz)

## Warnings

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Food supplement based on plants, vitamins and minerals.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place.

## Additional Information

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### Lyophilized Royal Jelly

One of the most important advantages in our formulation is the use of Lyophilized Royal Jelly. This jelly is three times more concentrated than fresh royal jelly, therefore 600 mg of fresh Royal Jelly equal to 200 mg of lyophilized jelly. Lyophilization is a process that removes water from the the fresh product in the vacuum, with temperatures below zero Celsius degrees and without adding any excipients. In this way, all the properties of fresh royal jelly are kept. In addition, royal jelly does not need to be stored in a cold place. Royal Jelly is titrated in HDA, an essential fatty acid from the Omega 3 family, providing 8 mg per daily dose.

### Used in form of Dry Extract

In our product we use dry extracts instead of pulverized plant. The extract presentation allows us to concentrate the product therefore we get the same outcome using less quantity. The dry extracts that we have incorporated in our formulation are:

- Acerola, with a ratio of 5:1, which means that 400 mg of plant have been used to get 80 mg of our extract.
- Cilantro, with a ratio of 5:1, which means that 312 mg of plant have been used to get 62.4 mg of our extract.
- Watercress, with a ratio of 4:1, which means that 100 mg of plant have been used to get 25 mg of our extract.

The name "dry extract" is referred to a specific extration process where key active ingredients are kept, and impurities and other sustances without any purpose are removed. The use of dry extract has several advantages in opposition to the use of pulverized plant:

- The active ingredient content can be known precisely (standarized extract)
- The products based on plant extracts are more concentrated than those made on the basis of the total plant powder (concentrated and easy to take doses).
- Assimilation of the active ingredients alone is easier than assimilation of all compounds of a plant.

### Standardized Extracts

Another important advantage in our formulation is the use of standarized extracts, which means that

the plant provides active ingredients (also named plant strength) that are constant over time. In case of our product is triturated in:

- Vitamin C: 40 mg per daily dose.
- Polyphenols: 1,2 mg per daily dose.

**Allergens**

Our products are manufactured so that there is no contamination with any of the most common allergens.

Nutrition Facts

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Per daily dose

Vitamin C	100%	80 mg
Manganese	30%	0,6 mg
Vitamin B3	30%	4,8 mg
Vitamin B5	30%	1,8 mg
Vitamin B2	30%	0,42 mg
Vitamin B6	30%	0,42 mg
Vitamin B1	30%	0,33 mg
Vitamin B9	30%	60 µg
Vitamin B12	30%	0,75 µg
Biotin	30%	15 µg

Allergen Information

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Allergen-free

Certifications

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