



Sananitos Relax 150 ml Drasanvi

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Description

Product based on Standardized Plant Extracts from Lemon Balm, California Poppy, Oat and Lime Blossom. Due to its content in Vitamin B6, it contributes to the normal functioning of the nervous system and helps reduce tiredness and fatigue. Lemon Balm contributes to maintain a normal and healthy sleep. In addition, California Poppy contributes to promote optimal relaxation, improving sleep quality.

Ingredients

Water , Brown Cane Sugar , Fructooligosaccharides 500 mg, Lemon Balm Glycerinated Extract (Leaf) (*Melissa officinalis* L., *Glycerin* 50%) 250 mg, California Poppy Dry Extract (Flower) (*Eschscholzia Californiana* Cham., *Protopin* 0,2%) 50 mg, Flavour (Banana Flavour) , Preservative (Potassium Sorbate) , **Oat Dry Extract** (Aerial Part) (Contains Gluten) (*Oat sativa* L.,10:1) 30 mg , Lime Blossom Dry Extract (Inflorescence) (*Tilia platyphyllos* Scop., *Rutin* 1%) 25 mg, Acid (Citric Acid) , Thickener (Xanthan Gum) , Vitamin B6 (Pyridoxin Chlorhydrate) 0,7 mg

Directions

From 3 years. Take 20 ml, two tablespoons in a single dose a day or it can be divided into two doses, a 10 ml tablespoon before lunch and another 10 ml tablespoon before dinner. It can be taken alone or dissolved in some other liquid.

Presentation

Contains 150 ml (5.25 fl oz)

Warnings

Food supplement based on plants and vitamins.

Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Once opened, keep the product in the fridge. It contains gluten.

Additional Information

Used in form of Dry Extract

In our product we use dry extracts instead of pulverized plant. The extract presentation allows us to concentrate the product therefore we get the same outcome using less quantity. The dry extracts that we have incorporated in our formulation are:

- California Poppy, with a ratio of 4:1, which means that 200 mg of plant have been used to get 50 mg of our extract.
- Oat, with a ratio of 10:1, which means that 300 mg of plant have been used to get 30 mg of our

extract.

- Lime Blossom, with a ratio of 5:1, which means that 125 mg of plant have been used to get 25 mg of our extract.

The name "dry extract" is referred to a specific extraction process where key active ingredients are kept, and impurities and other substances without any purpose are removed. The use of dry extract has several advantages in opposition to the use of pulverized plant:

- The active ingredient content can be known precisely (standardized extract)
- The products based on plant extracts are more concentrated than those made on the basis of the total plant powder (concentrated and easy to take doses).
- Assimilation of the active ingredients alone is easier than assimilation of all compounds of a plant.

Standardized Extracts

Another important advantage in our formulation is the use of standardized extracts, which means that the plant provides active ingredients (also named plant strength) that are constant over time. In case of our product is triturated in:

- Protopin: 0,1 mg/day
- Rutin: 0,25 mg/day

Allergens

Our products are manufactured so that there is no contamination with any of the most common allergens, except for gluten .

Nutrition Facts

Vitamin B6	50%	1,4 mg
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Allergen Information

Gluten,

Certifications

