



## Collmar Magnesium Curcumin Vanilla 300 g Drasanvi

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### Description

Collmar® is a food supplement based on Marine Collagen, enriched with vitamin C and Magnesium. The combination of these ingredients allows a synergistic action that improves results, making it an excellent product to **optimize protein synthesis**.

- **Proteins:** Proteins contribute to a growth in muscle mass.
- **Vitamin C:** Vitamin C contributes to normal Collagen formation for the normal function of cartilages, bones and skin.
- **Magnesium:** Contributes to normal protein synthesis.

## Ingredients

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**Hydrolysed Marine Collagen** (*Contains fish*) (*Type I, low molecular weight*) 9.678 mg, Magnesium Carbonate (*Magnesium 29%*) 862 mg, Acerola Dry Extract (*Fruit*) (*Malpighia punicifolia, 25% Vitamin C*) 320 mg, Turmeric dry extract (*Root*) (*Curcuma Longa Vahl. with 6,25 mg/g of soluble curcumin.*) 100 mg, Hyaluronic Acid 30 mg, Flavour (*Vanilla Flavour*)

## Directions

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Take two (2) measuring cups (11 g) daily, diluted with some water or juice. It is recommended the use of this supplement for at least three (3) months.

## Presentation

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Contains 300 g (10.58 oz)

## Warnings

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Food supplement based on collagen, plants, magnesium and hyaluronic acid. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Contains FISH. Consult your doctor or pharmacist in case of simultaneous taking with anticoagulants

## Additional Information

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### Marine Collagen and the Importance of the Amino Acids

Marine collagen is sourced from fish. Collmar® contains a high percentage of Glycine, Proline and Hydroxyproline, all essential amino acids that are abundant in the Collagen structure. Specific studies

have proved that **Collmar® Collagen is the form of Collagen that our body assimilates the best:**

- According to one study published by the *Journal of Agricultural and Food Chemistry*\*, Marine Collagen is more easily assimilated by the body than Collagen from other sources, such as bovine or porcine Collagen.
- An independent study by INSA (Institut National des Sciences Appliquées in Toulouse) also demonstrated that our Marine Collagen is the Collagen that the body assimilates the best because it is hydrolyzed.

\* *Journal of Agricultural and Food Chemistry* 55(4) 1532-1535 (2007)

## **Enzymatically Hydrolysed**

Collmar®'s Marine Collagen has undergone enzymatic hydrolysis, a unique process in which enzymes facilitate the cleavage of Collagen into smaller molecules (peptides) that are **more easily assimilated by the body**. The European Food Safety Authority (EFSA) confirms in its document EFSA-Q- 2004-085, that Collagen **hydrolysis is necessary** for its fast and complete assimilation by the human body.

## **Turmeric**

The presence of Turmeric **contributes to alleviate muscular and joint pain**. Turmeric is a plant with a wide range of proven health benefits but with a poor absorption by the body. Thus, it has been selected a Turmeric Extract that has a fast and effective assimilation, according to studies analyzing different indicators such as absorption, action rate and permanence time in the blood stream. This is because it contains a high percentage in **soluble Curcumin**, which is more easily assimilated by the body.

## **Enriched with Magnesium and Vitamin C**

Collmar® with Magnesium/Vanilla flavour provides 100% of the Recommended Daily Allowance (RDA) of these two nutrients. Aside from their multiple beneficial properties, Vitamin C and Magnesium are also related with **protein synthesis**.

- Vitamin C: Contributes to normal Collagen formation for the normal function of cartilages, bones and skin.
- Magnesium: Contributes to normal protein synthesis.

## **Easy to dissolve and pleasant flavour**

In an effort to facilitate its oral intake, Collmar® can be easily diluted with liquid and has a pleasant vanilla flavour.

## Nutrition Facts

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per daily dose (11 g)

Ingredient	Percentaje	Quantity
Magnesium	67%	250 mg
Vitamin C	100%	80 mg

% NRV (Nutrient Reference Value)

## Allergen Information

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Fish,

## Certifications

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