



Collmar Magnesium Curcumin Vanilla 20x11 g Sticks Drasanvi

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Description

Collmar® is a food supplement based on Marine Collagen, enriched with vitamin C and Magnesium. The combination of these ingredients allows a synergistic action that improves results, making it an excellent product to **optimize protein synthesis**.

- **Proteins:** Proteins contribute to a growth in muscle mass.
- **Vitamin C:** Vitamin C contributes to normal Collagen formation for the normal function of cartilages, bones and skin.
- **Magnesium:** Contributes to normal protein synthesis.

Ingredients

Hydrolysed Marine Collagen (Contains fish) (Type I, low molecular weight) 9.595 mg, Magnesium Carbonate (Magnesium 40%) 937 mg, Acerola Dry Extract (Malpighia punicifolia, 25% Vitamin C) 320 mg, Turmeric dry extract (Curcuma longa Vahl. with 6,25 mg/g of soluble curcumin.) 100 mg, Hyaluronic Acid 30 mg, Flavour (Vanilla Flavour)

Directions

Dilute the stick content in some water or juice. It is recommended the use of this supplement for at least three (3) months.

Presentation

Box with 20 sticks. Net weight 220 g (7.76 oz)

Warnings

Food supplement based on collagen, plants, magnesium and hyaluronic acid.

Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of little kids. Store in a cool, dry place. Contains fish. Consult your doctor or pharmacist in case of simultaneous use with anticoagulants.

Additional Information

Marine Collagen and the Importance of the Amino Acids

Marine collagen is sourced from fish. Collmar® contains a high percentage of Glycine, Proline and Hydroxyproline, all essential amino acids that are abundant in the Collagen structure. Specific studies

have proved that **Collmar® Collagen is the form of Collagen that our body assimilates the best:**

- According to one study published by the *Journal of Agricultural and Food Chemistry**, Marine Collagen is more easily assimilated by the body than Collagen from other sources, such as bovine or porcine Collagen.
- An independent study by INSA (Institut National des Sciences Appliquées in Toulouse) also demonstrated that our Marine Collagen is the Collagen that the body assimilates the best because it is hydrolyzed.

* *Journal of Agricultural and Food Chemistry* 55(4) 1532-1535 (2007)

Enzymatically Hydrolysed

Collmar®'s Marine Collagen has undergone enzymatic hydrolysis, a unique process in which enzymes facilitate the cleavage of Collagen into smaller molecules (peptides) that are **more easily assimilated by the body**. The European Food Safety Authority (EFSA) confirms in its document EFSA-Q- 2004-085, that Collagen **hydrolysis is necessary** for its fast and complete assimilation by the human body.

Turmeric

The presence of Turmeric **contributes to alleviate muscular and joint pain**. Turmeric is a plant with a wide range of proven health benefits but with a poor absorption by the body. Thus, it has been selected a Turmeric Extract that has a fast and effective assimilation, according to studies analyzing different indicators such as absorption, action rate and permanence time in the blood stream. This is because it contains a high percentage in **soluble Curcumin**, which is more easily assimilated by the body.

Enriched with Magnesium and Vitamin C

Collmar® with Magnesium/Vanilla flavour provides 100% of the Recommended Daily Allowance (RDA) of these two nutrients. Aside from their multiple beneficial properties, Vitamin C and Magnesium are also related with **protein synthesis**.

- Vitamin C: Contributes to normal Collagen formation for the normal function of cartilages, bones and skin.
- Magnesium: Contributes to normal protein synthesis.

Easy to dissolve and pleasant flavour

In an effort to facilitate its oral intake, Collmar® can be easily diluted with liquid and has a pleasant vanilla flavour.

Nutrition Facts

per daily dose (11 g)

Ingredient	Percentage	Quantity
Magnesium	100%	375 mg
Vitamin C	100%	80 mg

% NRV (Nutrient Reference Value)

Allergen Information

Fish,

Certifications

