



# Vitamin H 500 µg Biotin 90 Tablets Vitamins Drasanvi

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## Description

**Biotin** is also known by Vitamin H and Vitamin B9. It is a water-soluble vitamin. Biotin deficiency can cause thinning hair and loss of body hair; skin rash around the eyes, nose, mouth and anal area; sties; high concentrations of acid in the blood and urine; convulsions; skin infection; fragile nails; and disorders of the nervous system.

## Ingredients

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Bulking agent (*Microcrystalline cellulose*) , Bulking agent (*Magnesium salt of fatty acid*) , Anti-caking agent (*Silicon dioxide*) , Biotin (*Vitamin H*) 500 µg

## Directions

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Take one tablet a day, preferably with one of the main meals.

## Presentation

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Contains 90 capsules of 588,5 mg each.  
Net weight: 53 g (1.87 oz).

## Warnings

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Food supplement based on vitamins. Do not exceed the expressly recommended daily dose; Food supplements should not be used as a substitute for a balanced diet; Keep out of the reach of little kids. Store in a cool, dry place.

## Nutrition Facts

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Daily dose: (1 tablet)

Ingredient	Percentage	Quantity
Biotin	1000%	500 µg

% NRV (Nutrient Reference Value)

## Allergen Information

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Allergen-free

# Certifications

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