



Vitamin H 500 µg Biotin 90 Tablets Vitamins Drasanvi

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Description

Biotin is also known by Vitamin H and Vitamin B9. It is a water-soluble vitamin. Biotin deficiency can cause thinning hair and loss of body hair; skin rash around the eyes, nose, mouth and anal area; sties; high concentrations of acid in the blood and urine; convulsions; skin infection; fragile nails; and disorders of the nervous system.

Ingredients

Bulking agent *(Microcrystalline cellulose)*, Bulking agent *(Magnesium salt of fatty acid)*, Anti-caking agent *(Silicon dioxide)*, Biotin *(Vitamin H)* 500 µg

Directions Presentation

Take one tablet a day, preferably with one of the main meals.

Contains 90 capsules of 588,5 mg each.

Net weight: 53 g (1.87 oz).

Warnings

Food supplement based on vitamins. Do not exceed the expressly recommended daily dose; Food supplements should not be used as a substitute for a balanced diet; Keep out of the reach of little kids. Store in a cool, dry place.

Nutrition Facts

Daily dose: (1 tablet)

Ingredient Percentage Quantity

Biotin 1000% 500 μg

% NRV (Nutrient Reference Value)

Allergen Information

Allergen-free

Certifications



