



# Vitamin B Complex 60 Capsules Vitamins Drasanvi

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## Description

Vitamins of the B complex are 8 water-soluble vitamins, which are: Thiamine (vitamin B1), riboflavin (Vitamin B2), niacin (Vitamin B3), pantothenic acid (vitamin B5), pyridoxine (vitamin B6), biotin (vitamin B7), folic acid (vitamin B9), cobalamin (vitamin B12). In Drasanvi B complex we have also incorporated choline, which is an essential nutrient soluble in water, and inositol which is known as vitamin B8.

## Ingredients

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Casing (*Hydroxypropyl Methylcellulose*), Bulking agent (*Microcrystalline cellulose*), Vitamin B5 (*Pantothenic acid*) 50 mg, Vitamin B1 (*Thiamine Hydrochloride*) 50 mg, Vitamin B2 (*Riboflavin*) 50 mg, Vitamin B3 (*Niacin*) 50 mg, Inositol 50 mg, Vitamin B6 (*Pyridoxine hydrochloride*) 12 mg, Choline 21 mg, Bulking agent (*Magnesium salt of fatty acid*), Vitamin B12 (*Cyanocobalamin 0,1%*) 5 mg, Folic Acid 400 µg, Biotin 50 µg

## Directions

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Take one capsule a day at one of the main meals.

## Presentation

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Contains 60 capsules of 467 mg each. Net weight: 28 g (0.98 oz)

## Warnings

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Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of younger children. Store in a cool, dry place.

## Nutrition Facts

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per daily dose (1 capsule)

Ingredient	Percentage	Quantity
Vitamin B5	833%	50 mg
Vitamin B1	4.545%	50 mg
Vitamin B2	3.571%	50 mg
Vitamin B3	312%	50 mg
Vitamin B6	857%	12 mg
Biotin	100%	50 µg
Folic Acid	200%	400 µg
Vitamin B12	200%	5 µg

% NRV (Nutrient Reference Value)

# Allergen Information

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Allergen-free

# Certifications

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