



# Wheat Germ 500 mg 90 Softgels Nutr basics Drasanvi

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## Description

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Wheat is a millenary and high consumption plant. Within wheat, grains are the most used part. The germ, specifically, is the part of the seed with the highest nutritional value, where there is a high concentration of vitamins, minerals, proteins and oils. Wheat Germ is rich in essential fatty acids, that is, those that the body cannot synthesize and it is necessary to incorporate them through the diet. Another advantage of Wheat Germ is that it has a high amount of B vitamins, among which we find folic acid. Proteins and fiber are also substances that enrich the product and provide important properties to the product.

## Ingredients

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**Wheat Germ Oil** (Seed) (Contains GLUTEN) (*Triticum aestivum L.*) 1.500 mg, Coating agent (Gelatin and Glycerin) , Vitamin E (*D-alpha Tocopherol*) 3,75 mg

## Directions

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Take three (3) capsules a day, preferably, with the main meals.

## Presentation

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Bottle with 90 softgels of 717,26 mg. Total Weight: 64,55 g (2.27 oz)

## Warnings

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Food supplement based on plants.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place.

## Additional Information

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**Oils extracted by cold pressure**

Wheat Germ Oil is obtained by cold pressing, so it does not need to be refined to the same extent as that obtained by hot pressing. This results in a lower loss of Vitamins and Essential Fatty Acids.

### **Allergen Free**

Wheat Germ Oil softgels are made so that there is no contamination with any of the most frequent allergens, except for gluten.

## Nutrition Facts

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Ingredient	Percentage	Quantity
Vitamin E	31,25%	3,75 mg

## Allergen Information

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Gluten,