



Fibramax 400 g Drasanvi

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Description

Fibre is a vegetable component, which the body cannot digest, and passes directly into the intestine. Therefore, fibre plays a fundamental role in the intestinal transit. There are two types of fibre: Soluble fibre: Helps gastric emptying. Insoluble fibre: Improves intestinal transit. The incorporation of fibre is essential in the organism.

Ingredients

Apple (Fruit) (*Malus domestica*) 4,7 g, Wheat fibre (Seed) (*Triticum aestivum*) 3,28 g, Ispaghula (Shell) (*Plantago ovata*)

3 g, Oat fibre (*Fruit*) (*Avena sativa L*) 2 g, Sweetener (*Steviol glycosides*)

Directions

Add a heaping tablespoon to 250 ml of water or juice, stir vigorously to achieve a complete dissolution. It can be consumed both on an empty stomach and with food.

Presentation

Contains 400 g (14.11 oz)

Warnings

Food supplement based on plants with sweetener. Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool and dry place. Stir vigorously to obtain complete dissolution

Additional Information

High fibre content. Mixture of fruits and cereals. No colourings or flavours.

Nutrition Facts

Per 100 g

	Per 100 g	Per daily dose
Energetic Value	1008 kJ / 241 kcal	131,04 KJ/31,33Kcal
Fat	1,1 g	0,143 g
of which saturated	0,3 g	0,039 g
Carbohydrates	21 g	2,73 g
of which sugar	3,6 g	0,12 g
Fibre	69 g	8,97g
Proteins	1,6 g	0,208 g
Salt	0 g	0 g

Allergen Information

Allergen-free

Certifications

