



# Omega 3-6-9 1000 mg 24 Softgels Nutrabasics Drasanvi

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### Description

Omega 3, 6 and 9 fulfill different functions within the body and it is necessary to incorporate balanced doses of these substances. Omega 3 and Omega 6 are polyunsaturated essential fatty acids, Omega 3 include Alpha Linolenic Acid (ALA), Stearidonic Acid (SDA), Eicosatetranoic Acid (ETA), Eicosapentanoic Acid (EPA), Docosapentanoic Acid (DPA) and Docosahexanoic Acid (DHA). Omega 6 include, among others, Linoleic Acid (LA), Gamma-Linolenic Acid (GLA) and Arachidonic Acid (AA). Omega 9 are not Unsaturated Fatty Acids. The known oleic acids, present in olive and sunflower oil, among others, belong to this group. Thanks to their contribution in Alpha Linolenic Acid, Linoleic

Acid, and Oleic Acid, Drasanvi® Omega 3-6-9 softgels contribute to maintaining normal blood cholesterol levels. Oleic Acid is an unsaturated fat.

### Ingredients

Fish Oil rich in Omega 3 (Contains fish) (59,76 mg EPA and 39,84 mg DHA) 332 mg, Evening Primrose Oil (Seed) (33,2 mg GLA) 332 mg, Flax Oil (Seed) (215,8 mg Linolenic acid and 79,68 mg Oleic acid) 332 mg, Coating agent (Gelatin), Coating agent (Glycerin), Vitamin E (D-alpha tocopherol) 5 mg

**Directions** Presentation

Take one (1) softgel a day, preferably with food.

Contains 24 softgels of 1.387 mg. Total

Weight: 33,29 g (1.17 oz)

### Warnings

Food supplement based on fish oil, plant oil and vitamin E.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Contains fish.

### **Additional Information**

#### Standardized Oils

One of the most important advantages in our formulation is the use of standardized extracts, this means that it provides constant active principles over time. Omega 3-6-9 softgels are titrated in Alpha Linolenic Acid (ALA), Linoleic Acid (LA), Gamma Linoleic Acid (GLA) and Oleic Acid (OA) ensuring that 164.4 mg is always provided daily; 151.4 mg; 65.8 mg and 82.2 mg respectively.

#### Concentrated dose and easy to take

The use of concentrated and titled oils allows us to obtain the same dose in two different capsules.

#### **Allergen Free**

Omega 3-6-9 softgels are made so that there is no contamination with any of the most frequent allergens, among which we highlight gluten.

### **Nutrition Facts**

Ingredient	Percentage	Quantity
Vitamin E	27,92%	3,35 mg

## Allergen Information

Allergen-free

### Certifications

