



Erythritol Bio 500 g Keto Drasanvi

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Description

Erythritol is a natural sweetener, that is, it is extracted from a natural source. It is a low-calorie sweetener and recommended for diabetics. It also has an ecological certificate, fulfilling the characteristics of the most demanding consumers. Erythritol does not provide energy to the body because it is not metabolized, which means that our intestinal tract cannot absorb it and is eliminated. With a fresh flavour, and with a slightly lower sweetening power than white sugar, it has become one of the healthy alternatives to our sweet dishes and recipes. In addition, for its properties it can be used in the preparation of baked recipes.

Directions

Add it to sweeten juices, smoothies, coffee, vegetable drinks, etc. You can use it as a substitute for white sugar in pastry recipes since it resists cooking and baking. 1 dessert spoon = approximately 6 grams.

Presentation

Contains 500 g

Warnings

Excessive use (>20 g) may cause laxative effects. Store in a cool, dry place.

Additional Information

Organic certificate

The process of collection and processing of Erythritol is carried out in compliance with the most demanding quality standards, which has allowed us to obtain the organic product certificate.

Low Glycemic Index

The Glycemic Index shows the amount of carbohydrates that a product is released. Products with a high glycemic index, imply rapid absorption and a sharp change in the level of carbohydrates in the blood. However, in products with a Glycemic Index under release it is longer, not altering blood sugar levels excessively.

Nutrition Facts

Per 100 g

Energetic Value	0 kJ / 0 kcal
Fat	0 g
of which are saturated	0 g
Carbohydrates	100 g

of which are sugars	0 g
Polyalcohols	100 g
Fibre	0 g
Proteins	0 g
Salt	0 g

Allergen Information

Allergen-free

Certifications

