



Omega 3 30 Softgels Keto Drasanvi

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Description

Omega 3 is a polyunsaturated fatty acid, a substance that the body cannot synthesize and it is necessary to incorporate it with the diet. Omega 3 is usually present in blue fish and some vegetable seeds, such as flax, chia or nuts. While the keto diet may contain omega 3 naturally, many keto foods are also high in omega 6, this can alter the balance between the amount of omega-6 and omega-3. The proper ratio is 1: 1.

Ingredients

Fish Oil (*Contains fish*) (EPA 18% and DHA 12%) 1.000 mg, Casing (*Gelatin and Glycerin*), Vitamin E Natural (*In the form of D-alpha tocopherol*) 20 mg

Directions

Take 1 softgel a day, preferably with food.

Presentation

Contains 30 softgels (1400 mg/softgel).

Total weight: 42 g (1.48 oz)

Warnings

Food supplement based on EPA, DHA and Vitamin E.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Contains fish.

Additional Information

Standardized Oils

One of the most important advantages in our formulation is the use of standardized extracts. This means that it provides constant active principles over time. In the case of Omega 3 softgels, they are titrated in Eicosapentanoic Acid (EPA) and Docosahexanoic Acid (DHA) providing 180 mg and 120 mg respectively

Concentrated dose and easy to take

The use of concentrated and titrated oils allows us to obtain a correct dose, consuming only one softgel.

Nutrition Facts

per daily dose

Ingredient	Percentage	Quantity
Vitamin E	111%	13,4 mg

% NRV (Nutrient Reference Value)

Allergen Information

Fish,

Certifications

