



# B Complex 90 Capsules Sport Live Drasanvi

SKU: 032050612 EAN13: 8436578544561

## Description

Vitamins of the B complex are very important in the world of sports, due to their participation in metabolism. The B complex is made up of 8 water-soluble vitamins: Thiamine (vitamin B1), riboflavin (Vitamin B2), niacin (Vitamin B3), pantothenic acid (vitamin B5), pyridoxine (vitamin B6), biotin (vitamin B7), folic acid (vitamin B9), cobalamin (vitamin B12).

## Ingredients

---

Coating Agent (*Hydroxypropyl methylcellulose*), Bulking Agent (*Microcrystalline cellulose*), Vitamin B5 (*Pantothenic acid*) 50 mg, Vitamin B1 (*Thiamine hydrochloride*) 50 mg, Vitamin B2 (*Riboflavin*) 50 mg, Vitamin B3 (*Niacin*) 50 mg, Inositol 50 mg, Vitamin B6 (*pyridoxine hydrochloride*) 25 mg, Choline 21 mg, Bulking agent (*Magnesium salt of fatty acid*), Vitamin B12 (*Cyanocobalamin 0,1%*) 5 mg, Anti-caking agent (*Silicon dioxide*), Folic Acid 400 µg, Biotin 50 µg

## Directions

---

Take one capsule a day with one of the main meals.

## Presentation

---

Contains 90 capsules of 467 mg. Net weight 42 g (1.48 oz)

## Warnings

---

FOOD SUPPLEMENT BASED ON MINERALS. Do not exceed the expressly recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of the reach of younger kids. Store in a cool, dry place.

## Nutrition Facts

---

per daily dose (1 capsule)

Ingredient	Percentage	Quantity
Vitamin B5	833%	50 mg
Vitamin B1	4.545%	50 mg
Vitamin B2	3.571%	50 mg
Vitamin B3	312%	50 mg
Vitamin B6	1.786%	25 mg
Biotin	100%	50 µg
Folic Acid	200%	400 µg
Vitamin B12	200%	5 µg

% NRV (Nutrient Reference Value)

## Allergen Information

---

Allergen-free

## Certifications

---

