



Ashwagandha 30 Capsules Nutr basics Drasanvi

SKU: 032050684 EAN13: 8436578546565

Description

Ashwagandha is also known as Indian Ginseng since it is used in traditional Indian medicine.

Ashwagandha helps maintain relaxation, physical and mental well-being.

Ashwagandha capsules are suitable for vegans and vegetarians and provide 17,5 mg of withanolides.

Ingredients

Ashwagandha Dry Extract (Root) (*withania somnifera*, ratio 13:1 5% *withanolides*) 350 mg, Coating Agent (*Hydroxypropyl Methylcellulose*) , Bulking Agent (*Microcrystalline cellulose*) , Bulking Agent (*Magnesium salt of fatty acid*) , Anti-caking Agent (*Magnesium dioxide*)

Directions

Take 1 (one) capsule a day with one of the main meals.

Presentation

Contains 30 capsules of 496 mg. Total weight: 14,88 g (0.52 oz)

Warnings

Food supplement based on plants.

Food supplements should not be used as a substitute for a balanced diet. Do not exceed the expressly recommended daily dose. Keep out of the reach of younger children. Store in a cool, dry place.

Allergen Information

Allergen-free

Certifications

