



Bergamot Organic Essential Oil 10 ml Vitaroms Drasanvi

SKU: 032057071

Description

Belonging to the Rutaceae family, bergamot is just another citrus fruit. Its essential oil has a subtle and pleasant aroma, present in different diffusion synergies for this very reason. It is an essential oil with a multitude of studies that corroborate its sedative effect on the nervous system, which is why it is widely used to calm nervousness and help reduce stress.

Ingredients

Bergamot Essential Oil* *Citrus bergamia*, obtained by water vapor entrainment. 150 mg

Directions

Take 1 or 2 drops diluted in a tablespoon of honey
or vegetable oil, twice a day. **4 drops = 150 mg**

Presentation

Contains 10 ml (0.34 fl oz)

Warnings

Food supplement based on plants. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. Keep out of reach of young children. Store in a cool, dry place.

Avoid contact with eyes and mucous membranes. Store below 30°C and out of direct sunlight. Discontinue use if any reaction occurs. Do not use during pregnancy, lactation or in children under 6 years of age. Risk of photosensitisation, do not expose to the sun for 12 hours after use. In case of treatment with anticoagulants, consult your doctor.

Additional Information

VITAROMS has defined an aromatherapy line based on organic essential oils with organic certification. They are 100% natural, 100% pure, as well as botanically and biochemically defined.

Allergen Information

Allergen-free

Certifications

