



Collmar Magnesium Neutral 300 g Drasanvi

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Description

Collmar is a food supplement based on Marine Collagen, enriched with Vitamin C and Magnesium, which comes from the two best sources of Magnesium: Magnesium Citrate. The combination of these three ingredients makes it an excellent product related to the contribution of proteins :

- **Proteins:** Proteins help increase muscle mass..
- **Vitamin C:** Vitamin C contributes to the normal formation of Collagen for the normal functioning of cartilage, bones and skin.
- **Magnesium:** Contributes to normal protein synthesis.

Ingredients

Enzymatically Hydrolyzed Marine Collagen (*Contains FISH, Type I, very low molecular weight*)
8.379 mg, Magnesium citrate (*Magnesium 15%*) 1.133 mg, Acerola dry extract (*Fruit*) (*Malpighia punicifolia, at 25% in Vitamin C*) 320 mg, Magnesium oxide from marine sources (*Magnesium 58%*)

Directions

Take 10 g, two measuring scoops a day, mixed in a glass of water or juice, coffee. It is recommended to consume the product for at least three months.

Presentation

Contains 300 g (10.58 oz)

Warnings

Food supplement based on collagen, magnesium and plants

Food supplements should not be used as substitutes for a varied and balanced diet and a healthy lifestyle. Do not exceed the expressly recommended daily dose. Keep out of the reach of little kids. Store in a cool, dry place. Contains fish.

Additional Information

Marine Collagen and the Richness of Amino Acids

We use Collagen from fish. A recent study (J Agric Food Chem 55(4) 1532-1535 (2007)) has shown that Marine Collagen is more easily assimilated by the body than Collagen from other sources, like pig Collagen. Collmar® is rich in Glycine, Proline and Hydroxyproline, the most abundant amino acids in

collagen, and essential amino acids. Specific studies have proven that our collagen is the best one that our organism assimilates as after undergoing the digestive process, smaller peptides are obtained, and, therefore, they are more assimilable. INSA study conducted by Institut National des Sciences de Toulouse Appliquées.

Enzymatically Hydrolysed

Our Collagen undergoes a unique process in which it is broken down into smaller molecules called Peptides, which are more easily absorbed into the body. This process is called enzymatic hydrolysis and favors the cleavage of Collagen in specific sites, facilitating its absorption into the body. Hydrolysis is necessary, as the EFSA, European Food Safety Authority, in its document EFSA-Q-2004-085, approves the hydrolysis is essential to make collagen fit for human consumption.

Enriched with Magnesium and Vitamin C

Collmar Magnesium Lemon Flavour provides 100 % of the recommended daily dose of these two nutrients, Magnesium and Vitamin C, besides many other properties that are related to protein syntesis. Vitamin C contributes to normal collagen formationi for the normal function of cartilage, bones and skin, and Magnesium contributes to normal protein synthesis.

Easy dissolution and pleasant taste

In order to make more comfortable and easier its consumption, Collmar is perfectly diluted in liquid and, in addition, it does not have any flavour, so it can be mixed to your liking.

Suitable for diabetics

Collmar® with Magnesium Neutral flavour, does not contain sugars or sweeteners

Nutrition Facts

	100 g	10 g
Energy	1.553 kJ/370 kcal	155.3 kJ/ 37 kcal
Fat	<1,0 g	<0,1 g
of which saturated	<0,1 g	<0,01 g

Carbohydrates	5,6 g	0,56 g
of which sugar	<0,5 g	<0,05 g
Proteins	86,4 g	8,64 g
Salt	<1,0 g	<0,01 g
per daily dose (10 g)		

Ingredient	Percentage	Quantity
Magnesium	67%	250 mg
Vitamin C	100%	80 mg

% NRV (Nutritional Reference Value)

Allergen Information

Fish,

Certifications

