



## White Almond Bio 200 g Ecosana

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### Description

Committed to the highest product quality and respect for the environment, **ECOSANA's Bio White Almonds** are obtained from sustainable cultivation systems that strictly comply with **organic production standards**:

- Without pesticides, fertilizers or herbicides of synthetic origin.
- Without additives, colourings, flavourings, aromas...
- Without genetically modified organisms.

With a multitude of properties, this dried fruit provides a **high density of nutrients**, standing out especially for its **content of monounsaturated fatty acids** and its **high content of phosphorus**, as **well as other minerals**, which makes them perfect for students. It also contains **vitamin E**, which acts as an antioxidant and **vitamins of group B**. They are already peeled! Ready for you to add in your

salads, as a topping in your yogurts or simply for you to take between meals as a snack!

# Ingredients

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**Peeled almond\***

\*From Organic Farming.

# Directions

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You can open and eat directly or to add to yogurts, salads, desserts or to any recipe you want.

# Presentation

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Contains 200 g

# Warnings

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Store in a cool, dry place.

It contains **Nuts**.

May contain traces of **Peanut, Sesame and Soya**.

# Nutrition Facts

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Per 100 g

Ingredient	Quantity
<b>Energetic Value</b>	<b>2628 kJ / 636 kcal</b>
<b>Fat</b> <i>of which saturated</i>	<b>56 g</b> 5 g
<b>Carbohydrates</b> <i>of which sugars</i>	<b>4 g</b> 3,50 g
<b>Fibre</b>	<b>10 g</b>
<b>Proteins</b>	<b>24 g</b>
<b>Salt</b>	<b>&lt;0,01 g</b>

## Allergen Information

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Peanuts, Shelled Nuts, Sesame, Soya,

## Certifications

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