



Wheat Germ 300 g Natursana

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Description

NATURSANA's wheat germ is obtained as a **natural** product from the milling of wheat. This part of wheat is the **embryo of the seed**, which germinates to form the plant. Wheat germ stands out for its nutritional richness. It has a high concentration of **vitamin E**, a powerful antioxidant that offers natural protection against oxidative damage, as well as minerals such as **magnesium, potassium, zinc, iron and calcium**. It is also **rich in protein** and contains healthy fats providing essential **omega 3 and 6** fatty acids.

Ingredients

WHEAT germ

Directions

Use at your convenience

Presentation

Contains 300 g

Warnings

Store in a cool, dry place.

It contains **gluten**.

May contain traces of **Nuts, Soya and Sesame**.

Nutrition Facts

Per 100 g

	Quantity
Energetic Value	1448 kJ / 346 kcal
Fat <i>of which are saturated</i>	9,20 g <i>1,93 g</i>
Carbohydrates <i>of which are sugars</i>	29,90 g <i>15,85 g</i>
Fibre	17,60 g
Proteins	27,04 g
Salt	0,06 g

Allergen Information

Shelled Nuts, Gluten, Sesame, Soya,

Certifications

