



# Wheat Germ 300 g Natursana

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## Description

**NATURSANA's wheat germ** is obtained as a **natural** product from the milling of wheat. This part of wheat is the **embryo of the seed**, which germinates to form the plant. Wheat germ stands out for its nutritional richness. It has a high concentration of **vitamin E**, a powerful antioxidant that offers natural protection against oxidative damage, as well as minerals such as **magnesium, potassium, zinc, iron and calcium**. It is also **rich in protein** and contains healthy fats providing essential **omega 3 and 6** fatty acids.

# Ingredients

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**WHEAT** germ

# Directions

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Use at your convenience

# Presentation

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Contains 300 g

# Warnings

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Store in a cool, dry place.

It contains **gluten**.

May contain traces of **Nuts, Soya and Sesame**.

# Nutrition Facts

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Per 100 g

	Quantity
<b>Energetic Value</b>	<b>1448 kJ / 346 kcal</b>
<b>Fat</b> <i>of which are saturated</i>	<b>9,20 g</b> <i>1,93 g</i>
<b>Carbohydrates</b> <i>of which are sugars</i>	<b>29,90 g</b> <i>15,85 g</i>
<b>Fibre</b>	<b>17,60 g</b>
<b>Proteins</b>	<b>27,04 g</b>
<b>Salt</b>	<b>0,06 g</b>

# Allergen Information

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Shelled Nuts, Gluten, Sesame, Soya,

# Certifications

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