



# Corn Flour Bio 500 g Ecosana

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## Description

**ECOSANA's Organic Corn Flour** is obtained from the milling of corn 100% from **organic farming**, respecting the natural cycles of the plants and without the use of genetically modified organisms, pesticides, pesticides or chemicals of any kind. In this way we get a high quality flour, the characteristic yellow color of this basic cereal in our diet, which will mainly provide you with **carbohydrates** and a source of **vitamin B1 and pantothenic acid**. It is ideal for preparing both sweet and savory recipes, being the main ingredient of the famous corn pancakes to make incredible Mexican enchiladas and burritos.

# Ingredients

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Corn flour\*

\* From Organic Agriculture.

# Directions

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Use at your convenience

# Presentation

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Contains 500 g

# Warnings

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May contain traces of **Soya, Sesame and Nuts.**

Store in a cool, dry place.

# Nutrition Facts

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Por cada 100 g

	Quantity
<b>Energetic Value</b>	<b>1458 kJ / 344 kcal</b>
<b>Fat</b> <i>of which saturated</i>	<b>1,6 g</b> <i>0,34 g</i>
<b>Carbohydrates</b> <i>of which sugars</i>	<b>76,4 g</b> <i>1 g</i>
<b>Fibre</b>	<b>2,6 g</b>
<b>Proteins</b>	<b>4,6 g</b>
<b>Salt</b>	<b>0,0005 g</b>

# Allergen Information

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Shelled Nuts, Sesame, Soya,

# Certifications

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