



## Du Puy Lentil Bio 500 g Ecosana

SKU: 467010039 EAN13: 8436012944063

### Description

**Du Puy Lentil** is a variety of lentil, known as green lentil, which receives the name of Du Puy after the French region where it originates from. Coming from 100% organic crops, **ECOSANA's Bio Du Puy Lentil** will provide you with the highest nutritional quality while being respectful with the environment. Praised and recognized in haute cuisine as "vegetable caviar", not only for its somewhat greenish tone and its mild flavour that characterizes it, but also thanks to its ability to remain whole once cooked, they have made it one of the lentils They are most appreciated for making traditional lentil recipes, and their iron content is higher than that of any other kind of lentils.

## Ingredients

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Du Puy Lentil\*

\*From Organic Agriculture

## Directions

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Use at your convenience

## Presentation

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Contains 500 g

## Warnings

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May contain traces of **Gluten, Soya, Sesame and Nuts.**

Store in a cool, dry place.

## Nutrition Facts

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Per 100 g

	Quantity
<b>Energetic Value</b>	<b>1473 kJ / 352 kcal</b>
<b>Fat</b> <i>of which saturated</i>	<b>1,1 g</b> <i>0,1 g</i>
<b>Carbohydrates</b> <i>of which sugars</i>	<b>57,2 g</b> <i>2 g</i>
<b>Fibre</b>	<b>10,7 g</b>
<b>Proteins</b>	<b>24,6 g</b>
<b>Salt</b>	<b>0,015 g</b>

## Allergen Information

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Shelled Nuts, Gluten, Sesame, Soya,

# Certifications

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