



Du Puy Lentil Bio 500 g Ecosana

SKU: 467010039 EAN13: 8436012944063

Description

Du Puy Lentil is a variety of lentil, known as green lentil, which receives the name of Du Puy after the French region where it originates from. Coming from 100% organic crops, **ECOSANA's Bio Du Puy Lentil** will provide you with the highest nutritional quality while being respectful with the environment. Praised and recognized in haute cuisine as "vegetable caviar", not only for its somewhat greenish tone and its mild flavour that characterizes it, but also thanks to its ability to remain whole once cooked, they have made it one of the lentils They are most appreciated for making traditional lentil recipes, and their iron content is higher than that of any other kind of lentils.

Ingredients

Du Puy Lentil*

*From Organic Agriculture

Directions Presentation

Use at your convenience Contains 500 g

Warnings

May contain traces of Gluten, Soya, Sesame and Nuts.

Store in a cool, dry place.

Nutrition Facts

Per 100 g

Quantity

Energetic Value 1473 kJ / 352 kcal

Fat of which saturated **1,1 g** 0,1 g

Carbohydrates of which sugars 57,2 g 2 g

Fibre 10,7 g

Proteins 24,6 g

Salt 0,015 g

Allergen Information

Shelled Nuts, Gluten, Sesame, Soya,

Certifications



