Du Puy Lentil Bio 500 g Ecosana

SKU: 467010039 **EAN13:** 8436012944063

Description

Du Puy Lentil is a variety of lentil, known as green lentil, which receives the name of Du Puy after the French region where it originates from. Coming from 100% organic crops, **ECOSANA's Bio Du Puy Lentil** will provide you with the highest nutritional quality while being respectful with the environment. Praised and recognized in haute cuisine as "vegetable caviar", not only for its somewhat greenish tone and its mild flavour that characterizes it, but also thanks to its ability to remain whole once cooked, they have made it one of the lentils They are most appreciated for making traditional lentil recipes, and their iron content is higher than that of any other kind of lentils.

Ingredients

Du Puy Lentil*

*From Organic Agriculture

Directions

Use at your convenience

Presentation

Contains 500 g

Warnings

May contain traces of **Gluten, Soya, Sesame and Nuts**.

Store in a cool, dry place.

Nutrition Facts

Per 100 g

	Quantity
Energetic Value	**1473 kJ / 352 kcal**
Fat *of which saturated*	**1,1 g** *0,1 g*
Carbohydrates *of which sugars*	**57,2 g** *2 g*
Fibre	**10,7 g**
Proteins	**24,6 g**
Salt	**0,015 g**

Allergen Information

Shelled Nuts, Gluten, Sesame, Soya,

Certifications