



## Bee Pollen Bio 230 g Ecosana

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### Description

Pollen is a **natural** food made by bees in the form of orange granules from the pollen of flowers and their saliva. **ECOSANA Bio bee pollen** has been extracted from bee hives, in which flowers grown under the principles of **organic** farming have been used for its preparation. It is a food supplement highly valued for its complex composition of **enzymes, vitamins and minerals** that make it ideal for strengthening the **immune system**, especially in times of seasonal change when we are more exposed to the weather. This supplement is not suitable for allergy sufferers pollen.

# Ingredients

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Pollen\*

\*From Organic Agriculture

## Directions

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Take between 1 and 3 tablespoons a day. For better absorption, it is recommended to soak the pollen in water or juice for 12 hours. It is advisable to rest 10 days every 20 days after taking it continuously.

## Presentation

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Contains 230 g

## Warnings

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May contain traces of **Sesame, Soya and Nuts**.

Store in a cool, dry place.

## Nutrition Facts

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Per 100 g

	Quantity
<b>Energetic Value</b>	<b>1490 kJ / 356 kcal</b>
<b>Fat</b> <i>of which saturated</i>	<b>7,20 g</b> <i>2,10 g</i>
<b>Carbohydrates</b> <i>of which sugars</i>	<b>55,3 g</b> <i>39,4 g</i>
<b>Fibe</b>	<b>9,80 g</b>
<b>Proteins</b>	<b>17,5 g</b>
<b>Salt</b>	<b>0,02 g</b>

# Allergen Information

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Shelled Nuts, Sesame, Soya,

# Certifications

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