



Bee Pollen Bio 230 g Ecosana

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Description

Pollen is a **natural** food made by bees in the form of orange granules from the pollen of flowers and their saliva. **ECOSANA Bio bee pollen** has been extracted from bee hives, in which flowers grown under the principles of **organic** farming have been used for its preparation. It is a food supplement highly valued for its complex composition of **enzymes**, **vitamins and minerals** that make it ideal for strengthening the **immune system**, especially in times of seasonal change when we are more exposed to the weather. This supplement is not suitable for allergy sufferers pollen.

Ingredients

Pollen*

*From Organic Agriculture

Directions Presentation

Take between 1 and 3 tablespoons a day. For better absorption, it is recommended to soak the pollen in water or juice for 12 hours. It is advisable to rest 10 days every 20 days after taking it continuously.

Contains 230 g

Warnings

May contain traces of Sesame, Soya and Nuts.

Store in a cool, dry place.

Nutrition Facts

Per 100 g

 Quantity

 Energetic Value
 1490 kJ / 356 kcal

 Fat of which saturated
 7,20 g 2,10 g

 Carbohydrates of which sugars
 55,3 g 39,4 g

 Fibe
 9,80 g

 Proteins
 17,5 g

 Salt
 0,02 g

Allergen Information

Shelled Nuts, Sesame, Soya,

Certifications



