



## Olinat Bio 0,75 L Ecosana

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### Description

**ECOSANA's Olinat extra virgin olive oil** is extracted from the fruit of the olive tree, following the criteria of **organic farming**. In this way, we achieve the highest quality of the product, with all the nutritional properties that make it an essential part of the Mediterranean diet. Extra virgin olive oil is a superfood, widely recognized for its multiple healthy properties on our body thanks to its high content of **oleic acid**. Excellent for dressing your salads, dressing your vegetable and fish dishes, making rich sauces or simply taking it on an empty stomach or accompanied by a slice of bread. Try substituting conventional oil for this organic extra virgin olive oil and you will notice the difference.

# Ingredients

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Organic extra virgin olive oil.

# Directions

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Use at your convenience

# Presentation

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Contains 0,75 L

# Warnings

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Store in a cool, dry place.

# Nutrition Facts

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Per 100 g

	Quantity
<b>Energetic Value</b>	<b>3700 kJ / 900 kcal</b>
<b>Fat</b> <i>Of which saturated Of which polyunsaturated Of which monounsaturated</i>	<b>100 g 13 g 8 g 71 g</b>
<b>Carbohydrates</b> <i>of which sugars</i>	<b>0 g 0 g</b>
<b>Proteins</b>	<b>0 g</b>
<b>Salt</b>	<b>0 mg</b>

# Allergen Information

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Allergen-free

# Certifications

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