



Poppy Seed Bio 250 g Ecosana

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Description

Ecosana poppy seeds come from organic farming, and are extracted, as its name suggests, from the poppy. They are small black seeds with a flavour that reminds us of walnut. They are usually used in confectionery and bakery, enhancing their flavour. They can also be consumed alone or incorporated in some yogurt or salad.

Ingredients

Poppy seeds*

*From Organic Agriculture

Directions

Use at your convenience

Presentation

Contains 250 g

Warnings

May contain traces of **sesame, nuts and soya**.

Store in a cool, dry place.

Nutrition Facts

Per 100 g

Energetic Value	2760 kJ / 666 kcal
Fat	48 g
of which saturated	4,5 g
Carbohydrates	30 g
of which sugars	3 g
Fibre	21 g
Proteins	18 g
Salt	0,23 g

Allergen Information

Shelled Nuts, Sesame, Soya,

Certifications

