



# Poppy Seed Bio 250 g Ecosana

SKU: 467010212 EAN13: 8436012945053

## Description

Ecosana poppy seeds come from organic farming, and are extracted, as its name suggests, from the poppy. They are small black seeds with a flavour that reminds us of walnut. They are usually used in confectionery and bakery, enhancing their flavour. They can also be consumed alone or incorporated in some yogurt or salad.

## Ingredients

Poppy seeds\*

\*From Organic Agriculture

## Directions

---

Use at your convenience

## Presentation

---

Contains 250 g

## Warnings

---

May contain traces of **sesame, nuts and soya**.

Store in a cool, dry place.

## Nutrition Facts

---

Per 100 g

Energetic Value	2760 kJ / 666 kcal
Fat	48 g
of which saturated	4,5 g
Carbohydrates	30 g
of which sugars	3 g
Fibre	21 g
Proteins	18 g
Salt	0,23 g

## Allergen Information

---

Shelled Nuts, Sesame, Soya,

# Certifications

---

