



Red Rice Bio 500 g Ecosana

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Description

Red rice is a rare, long-grain rice. It presents a red pigmentation, which is present in its shell, therefore, when we consume it we make sure to consume the whole grain, that is, it is a brown rice. It can be consumed to replace traditional rice dishes, being cooked for 20 minutes.

Ingredients

Organic red rice*

*From Organic Agriculture.

Directions

Use at your convenience

Presentation

Contains 500 g

Warnings

Store in a cool, dry place.

May contain traces of **sesame, nuts and soya**.

Nutrition Facts

Per 100 g

Energetic Value	1528 kJ / 360 kcal
Fat	2,50 g
of which saturated	0,30 g
Carbohydrates	76 g
of which sugars	0,10 g
Fibre	2,70 g
Proteins	7,20 g
Salt	0,01 g

Allergen Information

Shelled Nuts, Sesame, Soya,

Certifications

