



Quinoa Flour Bio 500 g Ecosana

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Description

ECOSANA Bio Quinoa Flour is obtained from the milling of 100% quinoa seeds from **organic farming**. Quinoa is a pseudocereal that, in addition to its **high biological value protein content** (because it contains all essential amino acids) and its richness in **fibre** and **complex carbohydrates**, is **naturally gluten-free!** This makes quinoa flour an ideal substitute for making delicious pastry recipes for **celiacs and vegans**. Dare and try to make your own homemade breads, savory doughs for pizzas, and incorporate it into your desserts and sweets, cookies, cakes...

Ingredients

White quinoa flour*

*From Organic Agriculture.

Directions

Use at your convenience

Presentation

Contains 500 g

Warnings

Store in a cool, dry place.

May contain traces of **Nuts, Sesame and Soya**.

Nutrition Facts

Per 100 g

	Quantity
Eenergetic Value	1539 kJ / 368 kcal
Fat <i>of which saturated</i>	6,10 g <i>0,70 g</i>
Carbohydrates <i>of which sugars</i>	62,20 g <i>1,30 g</i>
Fibre	7 g
Proteins	14,10 g
Salt	0,013 g

Allergen Information

Shelled Nuts, Sesame, Soya,

Certifications

