



# Quinoa Flour Bio 500 g Ecosana

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## Description

**ECOSANA Bio Quinoa Flour** is obtained from the milling of 100% quinoa seeds from **organic farming**. Quinoa is a pseudocereal that, in addition to its **high biological value protein content** (because it contains all essential amino acids) and its richness in **fibre** and **complex carbohydrates**, is **naturally gluten-free!** This makes quinoa flour an ideal substitute for making delicious pastry recipes for **celiacs and vegans**. Dare and try to make your own homemade breads, savory doughs for pizzas, and incorporate it into your desserts and sweets, cookies, cakes...

## Ingredients

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White quinoa flour\*

\*From Organic Agriculture.

## Directions

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Use at your convenience

## Presentation

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Contains 500 g

## Warnings

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Store in a cool, dry place.

May contain traces of **Nuts, Sesame and Soya**.

## Nutrition Facts

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Per 100 g

	Quantity
<b>Energetic Value</b>	<b>1539 kJ / 368 kcal</b>
<b>Fat of which saturated</b>	<b>6,10 g 0,70 g</b>
<b>Carbohydrates of which sugars</b>	<b>62,20 g 1,30 g</b>
<b>Fibre</b>	<b>7 g</b>
<b>Proteins</b>	<b>14,10 g</b>
<b>Salt</b>	<b>0,013 g</b>

## Allergen Information

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Shelled Nuts, Sesame, Soya,

# Certifications

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