



Spelt Rusks Bio 200 g Ecosana

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Description

ECOSANA's spelt rusk is obtained from spelt from organic farming. These have been cultivated and collected in a way that is respectful with the environment, achieving a spelt with all the flavor and natural properties of spelt. In addition, extra virgin olive oil has been used for its preparation.

Ingredients

Spelt flour* (92%), extra virgin olive oil* (5%), yeast and sea salt.

*From EU Organic Agriculture.

Directions

Use at your convenience

Presentation

Contains 200 g

Warnings

Store in a cool, dry place.

It contains **gluten**.

May contain traces of **sesame**.

Nutrition Facts

Per 100 g

	Energetic Value	1682 kJ / 398 kcal
Fat	7,0 g	
of which saturated	1,0 g	
Carbohydrates	68 g	
of which sugars	2,30 g	
Fibre	5,70 g	
Proteins	13 g	
Salt	1 g	

Allergen Information

Gluten, Sesame,

Certifications

