



## Rye Flour Bio 1 kg Ecosana

SKU: 467010433 EAN13: 8436578545001

### Description

**ECOSANA's Wholegrain Rye Flour Bio** is obtained from the grinding of whole grains of rye, following the criteria of **organic production**, so that its cultivation and preparation has been respectful with the environment. The result is a high quality flour, with the characteristic flavour, texture and smell of rye, with more **fibre** content, which will help us improve our digestion, and a greater contribution of minerals, by preserving the rind. Thanks to its bread-making properties, **ECOSANA's Wholegrain Rye Flour Bio** is perfect for making doughs, breads, cakes, cookies... and can be used alone or mixed with other flours.

## Ingredients

---

Wholegrain **rye** flour\*

\*From Ecological Agriculture.

## Directions

---

Use at your convenience

## Presentation

---

Contains 1 kg

## Warnings

---

It contains **gluten**.

May contain traces of **Soya, Sesame and Nuts**.

Store in a cool, dry place.

## Nutrition Facts

---

Per 100 g

	Quantity
<b>Energetic Value</b>	<b>1462 kJ / 349 kcal</b>
<b>Fat</b> <i>of which saturated</i>	<b>1,52 g</b> <i>0,18 g</i>
<b>CArbohydrates</b> <i>of which sugars</i>	<b>75,43 g</b> <i>1,1 g</i>
<b>Fibre</b>	<b>11,8 g</b>
<b>Proteins</b>	<b>10,89 g</b>
<b>Salt</b>	<b>0,005 g</b>

## Allergen Information

---

Shelled Nuts, Gluten, Sesame, Soya,

# Certifications

---

