



Walnut Halves Bio 100 g Doypack Ecosana

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Description

ECOSANA Bio Walnuts are presented peeled and halved. They are 100% organic, so their cultivation and harvesting has been carried out following criteria that are respectful with the environment, without using any artificial substances and respecting the walnut cycle. This oleaginous dried fruit stands out mainly for its richness in **omega 3** fats, a type of essential fat that performs numerous healthy functions in our body. In addition, walnuts are rich in **phosphorus and vitamin B**, very good components to feed our brain, which can promote concentration and academic performance of students. It is for these benefits on the body that a moderate daily consumption of this fruit is recommended dry, although always without abuse, since they provide a very high amount of calories.

The sustainability goal of the Ecosana line is to generate the least possible environmental impact. For this reason, the dry fruit doypacks are compostable to prevent them from becoming harmful waste for the environment and reduce polluting emissions into the atmosphere. This type of packaging not only degrades, but also becomes compost.

Ingredients

Walnut* halves

* From Organic Agriculture.

Directions

Use it to your liking

Presentation

Biodegradable and compostable
packaging

Net Weight: 100 g

Warnings

Store in a cool, dry place.

Contains **nuts**. May contain traces of **soya** and **sesame**.

Additional Information

Ecosana's line of nuts has been packaged in sustainable Doypack made with compostable materials, being considered materials that protect the environment.

Nutrition Facts

Per 100 g

	Energetic Value	2769 kJ / 664 kcal
Fat	64,50 g	
of which saturated	6,10 g	
Carbohydrates	8,75 g	
of which sugars	3,40 g	
Fibre	6,55 g	
Proteins	14,85 g	
Salt	0,0042 g	

Allergen Information

Shelled Nuts, Sesame, Soya,

Certifications

